



## Events: Week of September 11, 2023

For more on resident life at Kendal on Hudson go to [www.kohresweb.org](http://www.kohresweb.org)

Mon 9/11	2:00 7:30	<b>Residents Council Meeting</b> (see p. 6) <b>Program: Prof. Yasha Klots</b> , "The Tamizdat Project: Banned Books from the Former Soviet Union" (see p. 3) NO MOVIE	GR GR
Tue 9/12	1:30 8:00	<b>Shopping: Tarrytown 9:45-11:00; no shopping in pm</b> <b>Class: Paleo-Astronomy: "Our Solar System is Not a Clockwork; it is Chaos"</b> : Instructor Paul Olsen (subscription) <b>Movie: <i>Utama</i></b> (2022, 1h 27m) Bolivian elderly couple live during drought.	GR Ch 970
Wed 9/13	10:50 5:00 8:00	<b>Trip: "Pride of the Hudson" Cruise</b> , Newburgh <b>Sip and Snack</b> <b>Movie: <i>The Terrorist</i></b> (1998, 1h 35m) Inspired by Indian Rajiv Gandhi's assassination: a suicide bomber examines her emotions and her future.	GR Ch 970
Thu 9/14	7:30 8:00	<b>Movie: <i>Turn Every Page</i></b> (2023, 1h 14m) Robert Caro and Robert Gottlieb attempt to finish their final project <i>The Years of Lyndon Johnson</i> . <b>Movie: <i>John Coltrane</i></b> (2007, 1h 35m) 1960s giant of 20th-century music.	GR Ch 970
Fri 9/15	5:00 8:00	<b>Shopping: Thornwood 9:30-10:45 / Ossining 1:00 – 2:15 &amp; 1:45 – 3:00</b> <b>Sip and Snack</b> <b>Movie: <i>Turn Every Page</i></b> (2023, 1h 14m) See Thursday description.	GR Ch 970
Sat 9/16	9:15 1:00 8:00	<b>Shopping: Pleasantville Farmers' Market 9:15 – 10:30.</b> (see p. 4) <b>Tarrytown Farmers' Market 9:45 – 11:00.</b> (see p. 4) Driver available until 3 pm for other trip requests. <b>Opera: <i>L'heure espagnole</i> and <i>L'enfant et les sortilèges</i></b> by Maurice Ravel (see p.3) <b>Movie: <i>First Name: Carmen</i></b> (1983, 1h 25m). In Jean-Luc Godard's reworking of the famous 1845 novella, Carmen holds up a bank and seduces a young policeman trying to arrest her.	GR Ch 970
Sun 9/17	3:00 8:00	<b>Concert: Memento Quartet</b> (see p. 3) <b>Movie: <i>The Last Station</i></b> (2009, 1h 53m). Leo Tolstoy renounced his title and property, and plans to donate his royalties to the Russian people.	GR Ch 970

**KoH TV Channel 970**

**Round-the-Clock: Rue des Artistes "Kaleidoscope"**

**3:00 pm** Mon-Fri Sept 11-15: **Talk** - Historic Hudson Valley: Legacy of Preservation + Education 2023

Sat, Sept 16, **repeated** Sun, Sept 17: **The History of the Supreme Court, Part I:**

"From the Constitutional Convention to World War I" (no subtitles)

Lecture 5: Impeachment, Contract and Federal Power

Lecture 6: Roger Taney Takes Control

**4:30 pm: Concert:** Manhattan School of Music Sextet, 2019

**8:00 pm: Movies:** as listed above

**Deadline for Sept. 18 issue of Spotlight is Wed, Sept. 13.** Type or print submissions and email to: [Spotlight@kohudres.org](mailto:Spotlight@kohudres.org) or place them with your name in the Spotlight cubby.

**Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey**

### Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 <sup>nd</sup> & 4 <sup>th</sup> Fri 2-4	CRA
French Conversation	resumes 9/22	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 <sup>th</sup> Wed 4:00	CLE3
Quilting	1 <sup>st</sup> & 3 <sup>rd</sup> Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

#### **Staffed Fitness Center**

**Mon–Fri, 8:30–3:30**

#### **Fitness Classes**

**Stretch & Balance:** Mon, Wed, Fri 9:30 (Zoom)

**Pilates:** Mon & Wed 10:15 & 11:15

**Resistance Bands:** Mon, Wed, Fri 12:30

**Tai Chi:** No Tai Chi this week.

**Water Aerobics:** Tue & Fri 10:45

**Chair Yoga:** Tue 12 noon

**Zumba Gold:** Tue 2:00

**Bocce:** Wed 1:30

**Mat Yoga:** Thu 12 noon

**Mindful Movement & Meditation:** Thu 1:15

**Please sign in at classes: name & ext**

**Pool:** Mon-Fri, 9–4, Sat 9–3

**Guest Swim:** Mon–Sat, 1–3

**Fitness Center & Pool closed 12-1 pm**

### Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

#### **Library Catalog:**

**librarycat.org/lib/2blackcats**

### Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

### Services

#### **Blood Pressure Clinic:**

2<sup>nd</sup> & 3<sup>rd</sup> Mon, 8-noon

**Bloodwork:** Wed from 7:45 am

**Drug Take-Back Days:** 1<sup>st</sup> Mon, 9 am – noon

**For additional services,** call x1030

### Locations

All in Mary Powell except CLE

<b>BIS</b>	Bistro
<b>CLE</b>	Clermont
<b>GR</b>	Gathering Room
<b>PDR</b>	Private Dining Room
<b>RL</b>	Residents Lounge (outside Bistro)
<b>RCC</b>	Resident Care Center (T level)

#### On C Level

<b>ART</b>	Art Studio
<b>CRA</b>	Craft Room
<b>RAO</b>	Residents Association Office
<b>RCR</b>	Riverview Conference Room
<b>SUN</b>	Sunnyside

### Kendal Dining

Please send comments to:

**diningcomments@kohud.kendal.org**

### Bistro

#### Monday – Saturday

**Breakfast** 8:00 am-10:00 am

**Lunch** 11:30 am-1:30 pm

**Coffee and Hot Tea** 2:30 pm-3:30 pm

**Dinner** 5:00 pm-7:30 pm

#### Sunday

**Brunch** 11:00 am-1:30 pm

### Formal Dining Room

#### Tuesday – Saturday

**Dinner** 5:00 pm – 7:30 pm

### Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

**Please Be on Time!**

### Religious Services

#### **Catholic Mass:**

Sundays, 12:15 GR

#### **Quaker Meeting:**

Sundays, 11:00 am RCR

#### **Service of Prayers**

1<sup>st</sup> & 3<sup>rd</sup> Tue 1:00 pm SUN

#### **Shabbat Services:**

2<sup>nd</sup> & 4<sup>th</sup> Fri 4:30 pm PDR

**September 11 Program**  
**Prof. Yasha Klots**  
**The Tamizdat Project:**  
**Banned Books from the Former**  
**Soviet Union & Eastern Bloc**

“Tamizdat” means “published over there,” that is, abroad. It includes manuscripts rejected and censored or never submitted for publication at home but smuggled across the Iron Curtain and printed elsewhere, with or without the authors’ knowledge or consent. Until Perestroika, during the early ‘90s, these publications were used as a weapon on the cultural fronts of the Cold War.

In his illustrated presentation, Prof. Klots will discuss the history of Tamizdat as a literary practice and political institution, as well as its relevance today, when censorship and brutal political persecution are back in Putin’s Russia. The project supports students displaced by war or repression in their home countries since the 2022 invasion of Ukraine.

Yasha Klots is Associate Professor of Russian Literature at Hunter College and CUNY Graduate Center, author of *Tamizdat: Contraband Russian Literature in the Cold War Era* (Cornell UP, 2023), and director of The Tamizdat Project, a public scholarship and charity initiative.

**Sept 17 Concert**  
**Momenta Quartet**

We are pleased to welcome for its premiere KoH performance, the NYC-based Momenta Quartet: Emilie-Anne Gendron and Alex Shiozaki, violin; Stephanie Griffin, viola; and Michael Haas, cello.

Momenta has appeared at such venues as the Library of Congress, National Gallery of Art, the Smithsonian’s Freer Gallery, Rubin Museum, Miller Theatre at Columbia University, the Princeton Institute for Advanced Study, and many more. Their program consists of works by Cerrone, Haydn, Carrillo, and Beethoven. A reception will follow in the PDR.

**Saturday Opera**

Next on our program is the double bill of ***L’heure espagnole*** (*The Spanish Hour*) and ***L’enfant et les sortilèges*** (*The Bewitched Child*) by Maurice Ravel, produced and filmed at Glyndebourne in 2012. Both one-acters are directed by Laurent Pelly; Kazushi Ono conducts the London Philharmonic Orchestra and the Glyndebourne Chorus.

Join us in the Gathering Room on  
**September 16 at 1:00 pm.**

## **Trips**

### **New Trip** Thurs. Oct.19

The Samuel Dorsky Museum of Art

The Dorsky Museum, located on the campus of SUNY New Paltz, has 6 galleries with a permanent collection of over 6,000 works of art from around the world. The American Art collection includes 19th century artists, photography, and contemporary metals. The World Collection includes 2- and 3-dimensional objects from diverse cultures, spanning classical to modern times. The current special exhibition is a traveling exhibition, "Notes for Tomorrow," featuring artwork selected by independent international curators based in 25 countries around the world. Each work is a source of inspiration from the recent past and a perspective for the future.

### **Thank You!**

Believe me, turning 100 years old is a monumental event. All the attention, thoughtful cards, phone calls, emails, gifts, congratulations (?), hugs, partying, and love from my Kendal family (as Ellen Ottstadt put it) – Just overwhelming! After 18 years of living here amidst the people who mean so much to me, both staff and fellow residents, I'm so touched and appreciative.

Lotsa love, Jackie W.

## **November 2023 Residents Council Election**

Bios of candidates for the 2024-2025 Residents Council will be distributed on Sept. 25. Election will take place on Wed/Thurs., Nov. 1 & 2 in the Residents Lounge. If you plan to be off campus on the two election days, please contact Ellen Ottstadt for an Absentee Ballot. Questions? Contact Janet S,

### **Trips to Farmers' Markets**

Transportation to the Pleasantville and Tarrytown Farmers' Markets is scheduled for Saturday, Sept. 16. A sign-up sheet is at the front desk for all Saturday requests.

The Pleasantville Market trip leaves at 9:15 am from Kendal. The return run is at 10:30 am. Departure from Kendal for the Tarrytown Market destination is at 9:45 am. The return trip is scheduled for 11:00 am. A driver will be available until 3:00 pm on Saturday for other trips.

**Meet  
Meg A. and Greg L.  
3114 Sept 6, 2023**

Meg and Greg are very excited about becoming part of the Kendal community. As of September 6, they officially became residents of Kendal and will be here frequently, although they will not actually move in until October. They have visited KoH several times, and were delighted with the warm reception they got from the staff as well as from residents

Greg was in administration at Penn State for many years and later shared his expertise with several other universities and large corporations, such as IBM. He is continuing to be very busy as a Deacon of Marble Collegiate Church.

Meg is still enjoying her employment as an Executive Coach for major corporations and is actively associated with the Girl Scouts of America on the local and state government levels. She is a serious trekker, having made it to the base camp of Mt. Everest. In addition to being avid readers and enjoying music, gardening, walking, hiking and anything outdoors, they are very happy to have Rockwood Park right next door.

**New Resident's Bio Posted  
Meet Bob A.**

A biography of Bob A. is now posted on Main Street near the windows opposite the bulletin board.

**Bells Bells Bells**

We are inviting residents to join our Bellringers group. It's not necessary to know how to read music. We meet Wednesdays 11 – noon.

Interested? Email Cynthia F. or phone her.