



Events: Week of October 2, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

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|-------------|---------------|--|---------------|
| Mon 10/2 | 10:00 7:30 | Foreign Policy Discussion. (See page 3) Program: Nicholas Wapshott, "Don't Tell Anyone, But We're in The Second Year of World War Three." (See page 3) | GR Ch 970 |
| Tue 10/3 | 1:30 8:00 | No Shopping Class: "The Mystery Genre." Instructor: Prof Joanne Dobson (subscription) Movie: <i>Serpico</i> (1973, 2h 10 min). Based on the true story of a NYC cop who discovers that honesty is not expected as part of his job. | GR Ch 970 |
| Wed 10/4 | 5:00 8:00 | Sip and Snack Movie: <i>The Good Liar</i> (2019, 1h 49 min). A consummate con man has set his sights on his latest mark: a recently widowed woman worth millions. | GR Ch 970 |
| Thu 10/5 | 7:30 8:00 | Movie: <i>A Fish Called Wanda</i> (1988, 1h 48 min). Four conniving jewel thieves, three Yorkshire Terriers, two heaving bosoms, and one proper British barrister. Movie: <i>The Outrageous Sophie Tucker</i> (2014, 1h 36 min). Documentary of this iconic vaudeville superstar who ruled the 1920s Flapper Era. | GR Ch 970 |
| Fri 10/6 | 5:00 8:00 | Shopping: Thornwood 9:30–10:45 / Ossining 1:00–2:15 & 1:45–3:00 Sip and Snack Movie: <i>A Fish Called Wanda</i> . See Thursday description. | GR Ch 970 |
| Sat 10/7 | 1:00 8:00 | Opera: <i>Boris Godunov</i> by Modest Mussorgsky. (See page 4) Movie: <i>Devil in a Blue Dress</i> (1995, 1h 42min). African-American man is hired to find a woman and gets mixed up in a murderous political scandal. | GR Ch 970 |
| Sun 10/8 | 3:00 8:00 | Movie: <i>Miss Marple, The Body in The Library</i> (2014, 2h). Watch Miss Marple put her perceptive powers to good use. Movie: <i>Last Play at Shea</i> (2010, 1h 30min). Documentary of Billy Joel's last performance at Shea Stadium. | GR Ch. 970 |

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, "Kaleidoscope"

3:00 pm Mon-Fri, Oct 2-6: Talk: Philanthropy Committee Program: "YOU Make the Difference," 2023

3:00 pm Sat, Oct 7, **repeated** Sun, Oct 8: The Supreme Court: Part 1: From the Constitutional Convention to World War I

Lecture 11: The Laissez-Faire Court

Lecture 12 "Clear and Present Danger"

4:30 pm: Concert: "Broadway Cabaret," Chris Groenendaal and Sue Anderson, 2023

8:00 pm: Movies: as listed above

Deadline for Oct 9 issue of Spotlight is Wed, Oct 4. Type or print submissions and email to:

Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey

Regular Weekly Activities

| | | |
|----------------------|---|------|
| Contemporary Issues | Thu 10 | ZOOM |
| Drop-in Art Salon | Tue & Thu 2-4 | ART |
| Fiber Arts | 2 nd & 4 th Fri 2-4 | CRA |
| French Conversation | Fri 3-4:30 | BIS |
| Italian | Thu 11:15 | GR |
| Meditation | Tue/Thu/Sat 9:15 | RCR |
| | Wed/Fri/Sun 7:15 pm | RCR |
| Open Studio | Sat 10-12 | ART |
| Poetry Reading | 4 th Wed 4:00 | CLE3 |
| Quilting | 1 st & 3 rd Fri 2-4 | CRA |
| Spanish | Fri 11:00 | RCR |
| Tuesday Morning Club | Tue 10-12 | GR |

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: **Mon 10/2** & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon–Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool are closed 12-1 pm

Fitness Center & Pool close at 2 pm, Fri, Oct 6

Library

Volunteer on Duty Mon–Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon–Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

| | |
|------------|-----------------------------------|
| BIS | Bistro |
| CLE | Clermont |
| GR | Gathering Room |
| PDR | Private Dining Room |
| RL | Residents Lounge (outside Bistro) |
| RCC | Resident Care Center (T level) |

On C Level

| | |
|------------|------------------------------|
| ART | Art Studio |
| CRA | Craft Room |
| RAO | Residents Association Office |
| RCR | Riverview Conference Room |
| SUN | Sunnyside |

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am–10:00 am

Lunch 11:30 am–1:30 pm

Coffee and Hot Tea 2:30 pm–3:30 pm

Dinner 5:00 pm–7:30 pm

Sunday

Brunch 11:00 am–1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

Monday, October 2
Foreign Policy Discussion
Gathering Room from 10:00-11:30 am

Residents are invited to participate in a series of lectures on current international issues sponsored by the Chappaqua Foreign Policy Discussion Group.

The second lecture, “**Nigeria: Its Role as an Anchor State in West Africa**,” will be broadcast into the GR. The guest speaker is **Chidi Odinkalu**, Professor of Practice in International Human Rights Law at the Fletcher School of Law and Diplomacy, Tufts University.

No sign-up required. Please arrive on time.

Program: Nicholas Wapshott
“Don’t Tell Anyone, But We’re in the
Second Year of World War Three”
Gathering Room at 7:30 pm

When Putin occupied the Crimea, then invaded Ukraine in a failed attempt to oust President Zelensky and replaced the elected government with Kremlin stooges, he inadvertently set off something many of us have been thinking about for most of our lives: The Third World War.

More than a dispute between neighbors, this could be the final round in an ideological battle—between the democracies and the totalitarians—that laid a curse on the 20th century. As the vengeful peace terms of World War One inexorably led to the Second World War just 20 years later, so the seeds of the current world war lie in the unfinished business of the second world conflict.

Nicholas Wapshott’s career began as a journalist for *The Scotsman* in Edinburgh, the *London Times* and the *London Observer*. He

came to the U.S. in 2001 and has worked for a wide array of American publications. He has written 10 biographies about show business people, politicians, and great economists.

Trips

Short Wait List

Thu, Oct 19: The Dorsky Museum of Art, SUNY New Paltz.

Space Available

Wed, Oct. 25: The Neuberger Museum of Art, SUNY Purchase.

A Birthday Thank-You



Flowers, balloons, festive & creative cards on my 89th birthday. THANK YOU ALL!

Cheers & Love,
Ann H.

Give-and-Take Table

This monthly Kendal feature **opens on Sunday, Oct 1, and closes on Saturday, Oct 7, at 5 pm**. Bring me your precious stuff no longer wanted or needed, which someone else may treasure, but please no unopened or open food packages, clothing, and sharp objects (knives, daggers, drills, scissors). You'll find the G&T Table on the T level corridor of Mary Powell next to the OT/PT studio.

The Bell Ringers Are Back

The Bell Ringers are resuming their musical pastime on **Wed, Oct 4, at 11 am**.

We meet in the PDR, please come and join us. If interested, call Cynthia F. or Deb W.

Saturday Opera October 7 at 1:00 pm in the GR

In connection with a seminar on Pushkin's historical writings by Nancy F. and Marcia S., Modest Mussorgsky's opera ***Boris Godunov*** will be shown in the complete 1872 version. It was filmed in 1990 at the Mariinsky Theatre, St. Petersburg. The principal roles are sung by **Robert Lloyd** (Boris), **Alexei Steblianko** (Dmitri), **Olga Borodina** (Marina), and **Sergei Leiferkus** (Rangoni). This is a Kirov Opera production by **Andrei Tarkovsky** and conducted by **Valery Gergiev**.

New Bios Posted

We invite you to read the biographies of **Barbara and Michael K.**, just posted by the window across from the Main Street bulletin board.

Announcement of Official Meetings

The **Residents Council** will hold its monthly meeting on **Monday, October 9**, in the **Gathering Room**, followed by the quarterly meeting of the **Residents Association** in the same venue.

The Council meeting will take place from 2:00 pm to 2:45 pm. The Association meeting begins immediately afterward.

At both meetings, reports will be presented by the Council Chair, the Interim CEO, as well as by standing committees and activity committees.

Residents are urged to attend.

Next Bird Walk

Ann Swaim from the Saw Mill River Audubon Society will be our guide on another bird walk on **Oct 13**. For those without rollators, the walk will be earlier than last time, namely from **8:30-10:00 am**. For those with rollators, the viewing will be from **10:00-10:30 am** at the street-level pergola opposite the Terrace.

As many as 15 participants may participate in each session and will gather at the pergola.

Suggested donation: \$5/session (checks only, payable to Saw Mill River Audubon Society).

Sign up in the October section of the Trips Book at Front Desk, beginning **Oct 6**.

Kendal's Third "Road Show"

Shapiro Auctions, based in Mamaroneck, will offer the third **free appraisal** event at Kendal on **Wed, Nov 1, 11 am-1 pm**, in the GR.

A flyer/registration form was placed in all cubbies. If you wish to participate, you must **pre-register** by completing and returning the form to **Marilyn B.**, by **Oct 15**. If you missed yours or lost it, contact Marilyn for a replacement.

Each resident may bring up to three items for appraisal.

If you wish to schedule an appointment in your apartment to appraise an unwieldy item, such as a piece of heavy furniture, please check the second choice on the registration form. The **in-home appraisals start at 1:30 pm**.

November 2023 Residents Council Election

Bios of the candidates for the 2024-25 Residents Council have been distributed.

Key dates:

Mon, Oct 30, 7:30 pm: Candidates Night

Wed & Thu, Nov 1 & Nov 2, 5-7 pm:
Voting in the Lounge

Need an absentee ballot? Contact Ellen Ottstadt, ext 1080, or Briana Giuliano, ext 1078.

Questions? Contact Janet S.

Final 2023 Course Announcement

Pace Law School Professor David N. Dorfman will lead a 4-session course on **Criminal Law Reform** on **Mon, Nov 6, 20, 27, and Dec 4**, from 1:30 to 3:30 pm, in the GR.

Topics:

- Bail Reform & Discovery Reform and their Purported Impact(s) on Crime Rates
- Abolitionism and Decarceration: the Movement to Shrink and Even Close Prisons and Jails
- Police Use of Advanced Technology in Investigation(s) and Surveillance & the Constitutional Right to privacy
- The Advent of the Progressive Prosecutor.

Sign-up sheets will be distributed next week.

Clothing Donations

After two scheduled collections, which **GreenDrop** missed, we were informed that the company no longer picks up donations. No explanation was offered.

Big Brothers Big Sisters only accepts monetary donations.

We are trying to find other organizations, churches and synagogues, which work directly with needy local families and individuals, and would appreciate any leads you may have.

Ursula H.
Maria H.