



Events: Week of October 9, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 10/9	2:00 7:30	Residents Council/Residents Association Meetings (agendas pp. 5/6) Program: Adam Liptak, "A Transformed Supreme Court" (see p. 3)	GR ZOOM
Tue 10/10	1:30 8:00	Shopping: Trader Joe's & others 9:30 – 11:30 / Tarrytown 1:00 – 2:15 Class: "The Mystery Genre," Instructor: Joanne Dobson (subscription) Movie: A Man For All Seasons (1966, 2h) About Sir Thomas More, a respected English statesman whose refusal to recognize Henry VIII's marriage to Anne Boleyn cost him his head.	GR Ch 970
Wed 10/11	10:30 5:00 8:00	Apple Cider/Apple Donut Day Sip and Snack Movie: The Lady Eve (1941, 1h 34m) A trio of classy card sharks target a socially awkward brewery heir, until one of them falls in love with him.	RL GR Ch 970
Thu 10/12	7:30 8:00	Movie: Maigret (1992, 1h 40m) Michael Gambon plays Jules Maigret, a wonderfully entertaining sleuth, in a PBS episode based on the Georges Simenon detective series. Movie: Les Paul: Chasing Sound (2007, 1h 30m) The true-life story of this electric guitar legend and rock 'n' roll icon.	GR Ch 970
Fri 10/13	5:00 8:00	Shopping: Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00 Sip and Snack Movie: Coup de Torchon (1981, 2h 8m) The story of an inept police chief turned heartless killer, and his scrappy mistress.	GR Ch 970
Sat 10/14	1:00 8:00	Opera: Doctor Atomic by John Adams (see p.3) Movie: Lincoln (2012, 2h 30m). This drama focuses on the 16 th President's final four months in office as he attempts to end the Civil War, unite the country and abolish slavery.	GR Ch 970
Sun 10/15	3:00 8:00	Activity Fair (see p. 4) Movie: Like Father, Like Son (2013, 2h 1m). When a man learns his biological son was switched with another boy at birth, he has to decide whether to choose his true son or the boy he has raised as his own.	FDR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes "Kaleidoscope"

3:00 pm Mon-Fri, Oct 9-13: Talk: "Samuelson, Friedman and the Battle Over the Free Market"
(Nicholas Wapshott's talk of 2021 in place of his talk last week which was not recorded)

Sat-Sun, Oct 14-15: **The History of the Supreme Court, Part 2:**

"From the Taft Court to the Warren Court" (no subtitles)

Lecture 13: The Taft Court and the Twenties

Lecture 14: Wins and Losses for the New Deal Laws

4:30 pm: Concert: Anthony Newman, piano and harpsichord, 2018

8:00 pm: Movies: as listed above

Deadline for Oct 16 issue of Spotlight is Wed, Oct 11. Type or print submissions and email to:
Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tues & Fri 10:00

Water Aerobics: Mon & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

October 9 Program - ZOOM
**Adam Liptak: “A Transformed
Supreme Court”**

Unquestionably, the Supreme Court is a “hot topic.” To help us reflect on the issues surrounding the Court, guest speaker Adam Liptak will lead a “healthy discussion” via Zoom on Monday evening, October 9.

Mr. Liptak will make some opening remarks and then discuss with residents their questions on such matters as the impact of the recent appointments, the ethics scandals, the abortion decision and its aftermath, last term's big cases (affirmative action, student loans, gay rights) and those coming up (gun rights, First Amendment, the administrative state).

Adam Liptak covers the Supreme Court for *The New York Times*. A graduate of Yale College and Yale Law School, he practiced law for 14 years before joining The *Times*'s news staff in 2002. In 2007, he began writing “Sidebar,” a column on legal affairs. In 2008, he became the paper's Supreme Court correspondent.

Liptak was a finalist for the Pulitzer Prize in explanatory reporting in 2009. A member of the American Academy of Arts and Sciences, he has taught courses on the Supreme Court and the First Amendment at

the University of Chicago Law School, NYU School of Law, and Yale Law School.

Please be on the lookout for the Zoom link from Stan A. and join us with your questions.

Saturday Opera

In connection with the recently released film ***Oppenheimer*** the Opera Committee offers John Adams's ***Doctor Atomic***, last seen more than three years ago. The story takes place at the Los Alamos National Laboratory and focuses on the stress and anxiety of the scientists and military commander on the eve of the test detonation of the first atomic bomb at the Trinity Site in the Southern New Mexico desert.

Join us in the Gathering Room on
October 14 at 1:00 pm.

Trips

Short Wait List

Oct. 19, Thu: The Dorsky Museum of Art, SUNY New Paltz

Oct. 25, Wed: Neuberger Museum, SUNY Purchase

**KoH Activity Fair
Sunday, October 15, 3–5 pm**

Today Kendal has over 50 activity committees and interest groups. Our residents take great pride in forming ones that they think are needed. Forty of these groups will have a representative at the upcoming Activity Fair in the **FDR**, eager to tell you about what they do.

This is your opportunity to meet a representative from each participating group at one time and place.

In addition to instilling a sense of purpose, being part of a committee and working with others on an activity has been the start of many close friendships at Kendal. After visiting the reps at the tables, we hope you will join us in the **PDR** for socialization and refreshments.

Flu Clinic

Hudson Pharmacy will be coming to Kendal to administer flu vaccines on the following dates and times:

Wed, Oct. 11	11 am – 4 pm
Fri, Oct. 13	11 am – 4 pm
Mon. Oct. 16	12 noon – 4 pm

If you would like to receive a flu shot, please sign up at the Resident Care Center, x1030.

**Meet Schools Superintendent
Raymond Sanchez
Friday, October 20 – 1:30 pm**

Dr. Ray Sanchez will be joining us on Friday, Oct. 20, to provide an update on the State of the Schools and proposed capital improvements.

Dr. Sanchez, who grew up in Tarrytown and has strong ties to the community, received his BS from SUNY at Geneseo. He earned his Master's from LIU, and Doctorate in Educational Leadership from Manhattanville College, along with a certificate of Advanced Study in Education Administration from Columbia University. He served as Superintendent of Schools in Ossining from 2013 to July 2023 when he succeeded retired Superintendent Chris Borsari.

Please join us in the **GR** for this important conversation.

Give and Take Table

Note: The table will be extended until **October 13**, due to families cleaning out apartments.