



## Events: Week of November 27, 2023

For more on resident life at Kendal on Hudson go to [www.kohresweb.org](http://www.kohresweb.org)

|              |       |   |        |
|--------------|-------|---|--------|
| Mon<br>11/27 | 10:00 | Foreign Policy Discussion: "China and Taiwan - How Great Is the Threat?" (see p.3).   | GR     |
|              | 1:30  | Course: "Criminal Law Reform," David Dorfman, Instructor (subscription)   | GR     |
|              | 7:30  | Program: James Ketterer, "Egypt, the Middle East and the U.S.: Misreadings and Missed Opportunities." (see p.3).  | GR     |
| Tue<br>11/28 | 8:00  | Shopping: Tarrytown 9:30 - 10:45 / Trader Joe's 12:45 - 3:00<br>Movie: <i>Paris: The Luminous Years</i> (2010, 2h). This PBS documentary explains how Paris became the center of Modernism from 1930s to 1950s. | Ch 970 |
| Wed<br>11/29 | 12:15 | Trip: David Rockefeller Center plus Tour by Van of Tarrytown & Sleepy Hollow  |        |
|              | 2:30  | OPEN MEETING - Residents & Dining Services  | GR     |
|              | 5:00  | Sip and Snack   |        |
|              | 8:00  | Movie: <i>David Copperfield</i> (1935, 2h 41m). The Dickens classic with W.C. Fields, Lionel Barrymore and Maureen O'Sullivan.  | Ch 970 |
| Thu<br>11/30 | 7:30  | Movie: <i>A Shot in the Dark: The Pink Panther</i> (1964, 1h 42m). A clumsy, inept detective investigates the murder of a chauffeur at a country home.  | GR     |
|              | 8:00  | Movie: <i>Flying Down to Rio</i> (1933, 1h 33m). A bandleader woos a Latin flame who is already engaged to his employer.  | Ch 970 |
| Fri<br>12/1  | 5:00  | Shopping: Thornwood 9:30 - 10:45 / Ossining 1:00 - 2:15 & 1:45 - 3:00   | GR     |
|              | 8:00  | Sip and Snack   | Ch 970 |
|              | 8:00  | Movie: <i>A Shot in the Dark</i> . See Thursday's description.  |        |
| Sat<br>12/2  | 1:00  | Opera: <i>La Fanciulla del West</i> by Giacomo Puccini, (see p.4)   | GR     |
|              | 8:00  | Movie: <i>The Roman Spring of Mrs. Stone</i> (2003, 1h 54m). A failing star whose rich husband dies sets off on a series of flings with various gigolos.  | Ch 970 |
| Sun<br>12/3  | 3:00  | Concert: SUNY Purchase Conservatory Students, (see p. 3)  | GR     |
|              | 8:00  | Movie: <i>A Caribbean Mystery</i> , a Miss Marple film starring Helen Hayes. A fellow traveler tells Marple there's a serial killer aboard, but is killed before proving it.                                    | Ch 970 |

**KoH TV Channel 970****Round-the-Clock: Rue des Artistes "Kaleidoscope"**

3:00 pm: Mon-Fri, Nov 27-Dec 1: **Talk:** "The Rockefeller Archive Center: An Illustrated Introduction," 2023.

Sat & Sun, Dec 2,3: **The History of the Supreme Court, Part 3: From the Warren Court to the Rehnquist Court"**

Lecture 27: The Warren Court Reshapes the Constitution

Lecture 28: Earl Warren Leaves, Warren Burger Arrives

4:30 pm: **Concert:** Music from Copland House, 2023

8:00 pm: **Movies:** As listed above

Deadline for Dec. 4 issue of Spotlight is Wed, Nov 29. Type or print submissions and email to:

[Spotlight@kohudres.org](mailto:Spotlight@kohudres.org) or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

### Regular Weekly Activities

|                      |   |      |
|----------------------|---|------|
| Contemporary Issues  | Thu 10                                    | ZOOM |
| Drop-in Art Salon    | Tue & Thu 2-4                             | ART  |
| Fiber Arts           | 2 <sup>nd</sup> & 4 <sup>th</sup> Fri 2-4 | CRA  |
| French Conversation  | Fri 3-4:30                                | BIS  |
| Italian              | Thu 11:15                                 | GR   |
| Meditation           | Tue/Thu/Sat 9:15                          | RCR  |
|                      | Wed/Fri/Sun 7:15 pm                       | RCR  |
| Open Studio          | Sat 10 -12                                | ART  |
| Poetry Reading       | 4 <sup>th</sup> Wed 4:00                  | CLE3 |
| Quilting             | 1 <sup>st</sup> & 3 <sup>rd</sup> Fri 2-4 | CRA  |
| Spanish              | Fri 11:00                                 | RCR  |
| Tuesday Morning Club | Tue 10-12                                 | GR   |

### **Staffed Fitness Center Mon–Fri, 8:30–3:30**

**All classes are subject to change.**

#### Fitness Classes

**Stretch & Balance:** Mon, Wed, Fri 9:30 (Zoom)

**Pilates:** Mon & Wed 10:15 & 11:15

**Resistance Bands:** Mon, Wed, Fri 12:30

**Tai Chi:** Tues & Fri 10:00

**Water Aerobics:** **Tue** & Fri 10:45

**Chair Yoga:** Tue 12 noon

**Zumba Gold:** Tue 2:00

**Bocce:** Wed 1:30

**Mat Yoga:** Thu 12 noon

**Mindful Movement & Meditation:** Thu 1:1

**Pool will reopen Tue 11/28.**

**Pool:** Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

**Fitness Center & Pool closed 12-1 pm**

### Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from  
carousels in elevator lobbies.

#### **Library Catalog:**

**librarycat.org/lib/2blackcats**

### Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

### Services

#### **Blood Pressure Clinic:**

2<sup>nd</sup> & 3<sup>rd</sup> Mon, 8-noon

**Bloodwork:** Wed from 7:45 am

**Drug Take-Back Days:** 1<sup>st</sup> Mon, 9 am – noon

**For additional services,** call x1030

### Locations

All in Mary Powell except CLE

|            |                                   |
|------------|-----------------------------------|
| <b>BIS</b> | Bistro                            |
| <b>CLE</b> | Clermont                          |
| <b>GR</b>  | Gathering Room                    |
| <b>PDR</b> | Private Dining Room               |
| <b>RL</b>  | Residents Lounge (outside Bistro) |
| <b>RCC</b> | Resident Care Center (T level)    |

#### On C Level

|            |                              |
|------------|------------------------------|
| <b>ART</b> | Art Studio                   |
| <b>CRA</b> | Craft Room                   |
| <b>RAO</b> | Residents Association Office |
| <b>RCR</b> | Riverview Conference Room    |
| <b>SUN</b> | Sunnyside                    |

### Kendal Dining

Please send comments to:

**diningcomments@kohud.kendal.org**

### Bistro

#### Monday – Saturday

**Breakfast** 8:00 am-10:00 am

**Lunch** 11:30 am-1:30 pm

**Coffee and Hot Tea** 2:30 pm-3:30 pm

**Dinner** 5:00 pm-7:30 pm

#### Sunday

**Brunch** 11:00 am-1:30 pm

### Formal Dining Room

#### Tuesday – Saturday

**Dinner** 5:00 pm – 7:30 pm

### **Reservations**

required for waited service at 5:00, 5:30, 6:00  
or 6:30 pm. Use Open Table on Residents  
website or CATIE, or call front desk x1000.

**Please Be on Time!**

### Religious Services

#### **Catholic Mass:**

Sundays, 12:15 GR

#### **Quaker Meeting:**

Sundays, 11:00 am RCR

#### **Service of Prayers**

1<sup>st</sup> & 3<sup>rd</sup> Tue 1:00 pm SUN

#### **Shabbat Services:**

2<sup>nd</sup> & 4<sup>th</sup> Fri 4:30 pm PDR

**Foreign Policy Discussion:  
“China and Taiwan - How Great is  
China’s Threat?”**

Residents are invited to view a Zoom lecture sponsored by the Chappaqua Foreign Policy Group at **10 am on Mon, Nov. 27 in the Gathering Room.** Guest speaker Zach Cooper, a senior Fellow at the American Enterprise Institute, specializes in U.S. strategy in Asia and teaches at Princeton. He has held numerous positions in the field, including at the National Security Council and the Department of Defense.

**Dec. 3 Concert  
Purchase College Chamber Music  
Students**

Join us at 3 pm on Sun, Dec. 3, as students from the Purchase College Chamber Music Program entertain us with a varied program of classical music including works by Bach, Borodin, Beethoven, and Hindemith. A reception will follow in the Private Dining Room.

**Nov. 27 Program:  
James Ketterer  
“Egypt, the Middle East & the US:  
Misreadings and Missed  
Opportunities”**

**James Ketterer** is a Senior Fellow at the Center for Civic Engagement at Bard College. He recently completed a 4-year term as a Dean at the American University in Cairo. He previously served in Egypt as Country Director for AMIDEAST, an American educational NGO.

At Bard he was Dean of International Studies and Director of the Bard Globalization and International Affairs Program, and taught courses on diplomacy and the Middle East. He was Deputy Provost and Vice Chancellor at the State University of New York, where he was also Director of the Center for International Development. He has also worked with the Organization for Security and Cooperation in Europe and in the New York Senate and the National Security Council. This is his [fifth Kendal lecture](#).

## **Trips**

### **Short Wait List**

Wed, Nov.29: David Rockefeller Center plus Tour by Van of Tarrytown & Sleepy Hollow

Wed, Dec. 6: Dreyfus Foundation Art Collection, Mt. Kisco

### **Movie Recommendation**

Netflix is streaming ***Rustin***, a film you will not want to miss, particularly if you participated in the March for Jobs and Freedom. Produced by Michelle and Barack Obama, it is the back story of **Bayard Rustin's** struggle to organize the March on Washington while facing opposition from the powerful leadership of the NAACP and Representative Adam Clayton Powell Jr., as well as widespread vilification of his sexuality.

Many of our old friends appear: peaceniks, power brokers. Look for someone you know in the crowd.

Martin S.

## **Welcome New Resident Mary S.**

December 4

Living in Irvington, Mary heard about Kendal ever since it was built. She knew whenever she was ready to move, it would be to Kendal. She enjoyed her many years as a museum guide in several museums in the U.S. and the Victoria and Albert Museum in London. With her three daughters living in Manhattan, New Jersey, and Massachusetts she is ready and excited to make her move to Kendal. Being an avid swimmer, Mary is most looking forward to having year-round swimming in our beautiful pool and having our new chef do the cooking!

### **Saturday Opera**

On Dec. 2 at 1:00 pm, we arrive to watch and listen to the goings-on in Puccini's goldmining camp in the wintry Sierra Nevada and listen to Puccini's verismo opera ***La Fanciulla del West (The Girl of the Golden West)***. The role of Minnie, the bar owner and bible teacher, is sung by **Barbara Daniels**, that of Jack Rance by **Sherrill Milnes**, and Dick Johnson by **Placido Domingo** in a Metropolitan Opera performance conducted by Leonard Slatkin.

## **Time to Vote on School District's Proposed Bond Issue**

On Tuesday, December 12, local residents vote on a proposed Capital Bond Project of \$86,771,134 which, if approved, will enable the Unified School District of the Tarrytowns to carry out major renovations and improvements in all public schools. Pick up a copy of *Horsemen News-Bond 2023* along Mary Powell's Main Street, for details on the projects. Absentee ballots have been sent.

Residents who moved to Kendal from outside the district at least 30 days prior to the election are urged to register **no later than Thursday, December 7:**

Weekdays: 8 am - 4 pm  
District Clerk's Office, Admin Bldg  
200 N Broadway, Sleepy Hollow  
or

Tue, Dec 5: 4 pm – 8 pm  
Boardroom, Admin Bldg

You can also register at the NYS DMV:  
<https://dmv.ny.gov/more-info/electronic-voter-registration-application>

**Voting takes place in the cafeteria of the W.L. Morse School, 30 Pocantico Street, Sleepy Hollow.**

Questions? Contact Ursula.

## **Sustainable Holiday Gift Ideas**

Are you wondering what to give each family member, friend or colleague on your list? Why not choose something that will tickle their fancy and help preserve the planet as well?

A sustainable gift suggestion list, created by SSAFE (a nationwide organization of Kendal residents) is now available in the Activities Alcove by the Computer Room. Stop by and pick up a copy.

The list of gift ideas can also be found online at [www.SSAFE.org](http://www.SSAFE.org).

For additional info, contact Anne W.