



Events: Week of June 26, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 6/26	7:30	Program: Barbara Davis, "Leading Ladies of Westchester – Stage, Screen and Television" (see p. 3)	GR
Tue 6/27	1:30	Shopping: Tarrytown 9:45 – 11:00 / Thornwood 1:00 - 2:15 Course: "The Incomparable Frank Capra," Movie: <i>It's a Wonderful Life</i> ; Instructor: Michael Cramer (subscription)	GR
	8:00	Movie: <i>Day for Night</i> (1973, 1hr 56min). François Truffaut's lavish dramedy about a film production is a case of life imitating art.	Ch. 970
Wed 6/28	1:00	Presentation: "Construction Update" (see p. 3)	GR
	5:00	Sip and Snack	GR
	8:00	Movie: <i>Detective</i> (2007, 1hr 38min). A penniless fight promoter tries to avoid the Mafia while his boxer prepares for an upcoming fight. From French director Jean-Luc Godard	Ch. 970
Thu 6/29	2:30	Ice Cream Social in the Clearwater Garden	GR
	7:30	Movie: <i>Umbrellas of Cherbourg</i> (1964, 1hr 31min). An umbrella-store clerk and a gas station attendant fall in love, but their romance is cut short when he is drafted.	
	8:00	Movie: <i>Sarah Vaughan Live: '58 & '64</i> (2007, 1hr 5min) These performances demonstrate why Sarah Vaughn is renowned.	Ch. 970
Fri 6/30		Shopping: DeCicco's Millwood 9:30 -10:30 / Ossining 1:00 - 2:15 & 1:45 - 3:00	
	5:00	Sip and Snack	GR
	8:00	Movie: <i>Umbrellas of Cherbourg</i> (see Thursday)	Ch 970
Sat 7/1	1:00	Opera: <i>Carmen</i> by Georges Bizet (see p. 3)	GR
	8:00	Movie: <i>Bombshell</i> (2017, 1hr 30min). Screen legend Hedy Lamarr had brains and beauty, which are on full display in this documentary.	Ch. 970
Sun 7/2	8:00	Movie: <i>Burden of Dreams: Making "Fitzcarraldo"</i> (1983, 1hr 35min) Documentary paints riveting portrait of director Werner Herzog as he worked against almost insurmountable odds to craft his epic movie.	Ch. 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes "Kaleidoscope"

3:00 pm.

Mon-Fri, June 26-30: Talk: Kendal Town Hall, June 5, 2023

Sat-Sun, July 1-2: The World's Greatest Geological Wonders

Lecture 21: Fjordland National Park – Majestic Fjords

Lecture 22: Rock of Gibraltar – Catastrophic Floods

4:30 pm: Concert: Ciarán Sheehan, tenor, and Elizabeth Maxwell, piano, 2023

8:00 pm: Movies as listed above

Deadline for July 3 issue of Spotlight is Wed, June 28, at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: J. Gardy, U. Hahn, S. Kellock, P. Pennell, D. Schlair, C. Spivey

REGULAR WEEKLY ACTIVITIES

Contemporary Issues	Thu 10:00	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts:	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian:	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Sun 7:15 pm	
Open Studio:	Sat 10-12	ART
Poetry Reading	4 th Wed 4:00	CLE3
	Next session 9/27	
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Fitness Classes

Stretch/Balance: Mon, Wed, Fri 9:30 (Zoom)
Pilates: Mon & Wed 10:15 & 11:15
Resistance Bands: Mon, Wed, Fri 12:30
Tai Chi: Tue & Fri 10:00
Water Aerobics: Tue & Fri 10:45
Chair Yoga: Tue 12 noon
Zumba Gold: Tue 2:00
Bocce: Wed 1:30
Mat Yoga: Thu 12 noon
Mindful Movement & Meditation: Thu 1:15
Please sign in at classes – name & ext.

Staffed Fitness Center

Mon-Fri, 8:30–3:30

Pool: Mon-Fri, 9:00 - 4:00; Sat, 9:00 -3:00

Guest swim Mon-Sat 1:00 – 3:00

Fitness Center & Pool closed 12-1

LIBRARY

Volunteer on duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

RESIDENT CARE CENTER

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

LOCATIONS

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)
	<u>On C Level</u>
ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

KENDAL DINING

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am – 10:00 am

Lunch 11:30 am – 1:30 pm

Coffee and Hot Tea 2:30 pm – 3:30 pm

Dinner 5:00 pm – 7:30 pm

Sunday

Brunch 11:00 am – 1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations required; they can be made for
5:00, 5:30, 6:00, or 6:30 pm. Use Open Table
on Residents Website or CATIE, or call front
desk x1000.

Please be on Time!

RELIGIOUS SERVICES

Catholic Mass:

Sundays, 12:15 pm GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue. 1:30 pm SUN

Shabbat Services:

2nd & 4th Fri. 4:30 pm PDR

June 26 Program:

Barbara Davis

“Leading Ladies of Westchester – Stage, Screen and Television”

Beginning with the silent movie stars of the Thanhouser Films Company in New Rochelle (1909–1918) and D. W. Griffith’s studios in Mamaroneck (1919–1924), Westchester has been home to some of America’s finest actors in film, stage, and television.

In this presentation, the lives and careers of many of these women, and the allure of our Westchester communities, will be covered. You will be amazed at the number of stars who have made Westchester their home, including Billy Burke, Julie Harris, Eartha Kitt, Glenn Close – and many more.

Barbara Davis, Co-Director of the Westchester County Historical Society, is the author/producer of dozens of articles and media presentations chronicling the history and features of Westchester County.

Saturday Opera

“Corrida” day is approaching on July 1: ***Carmen*** is primarily the story that leads up to the bull fight while Carmen plies her charms. Listen to Elena Obraztsova in the title role, Placido Domingo as the unlucky Don José, Isobel Buchanan as Micaëla, and Yuri Matusok as Escamillo in a 1978 production by Franco Zeffirelli for the Vienna State Opera conducted by Carlos Kleiber. Join us in the Gathering Room on **July 1 at 1:00 pm.**

Construction Update: Meet the Project Team

To provide everyone with a more comprehensive understanding of the construction project, a presentation has been scheduled for **Wednesday, June 28, at 1:00 pm** in the Gathering Room for residents to MEET THE PROJECT TEAM. Jean Eccleston will introduce Carolyn Jinks, the Senior Project Manager for the Owner’s Rep group Cushman & Wakefield, and a representative from our Construction Managers group Pike Residential. Jean will review various aspects of a project of this size. The representatives from Cushman & Wakefield and Pike Residential will address what the Owner’s Reps and Construction Managers do and why their work is so essential to the process.

July Course Reminder

“Shakespeare in the Contemporary World” is the subject of our next course with instructor Kate Farrington. The sessions will be held in the Gathering Room from **1:30 pm to 3:30 pm on Tues, July 11, 18, 25 and Aug 1.** Tuition is \$50 for all 4 sessions or \$15 per individual class. Sign-up sheets are in the wall rack in the Activities Alcove. For information, call Fran K.

New Resident’s Bio Posted

A biography of Susan Y. is now posted on Main Street near the windows opposite the bulletin board.

Trips

New Trip: Wed, July 27

Katonah Museum of Art

The Katonah Museum of Art is an innovative visual arts museum with a diverse range of exhibitions in its galleries and on its grounds. The current exhibitions are: “Wu Chi-Tsung Synchronicity”—collage and photography interpreting traditional Chinese landscape paintings, and a video installation and immersive installation by the artist; and “The Bluest of Blues”—original art from a children’s picture book by Fiona Robinson, combining botany and cyanotype, a photographic printing process. For the images, Robinson created digital “collages” from drawings, watercolors, photographs, cyanotypes, and other flat materials. We will have a docent tour of the exhibitions.

The outdoor sculpture garden displays contemporary works. Lunch will be at The Whitlock in Katonah.

Short Wait List: Thu, July 13

Metropolitan Museum of Art/DYOT

The Give-and-Take Table

The Table will open for business on the T Level of Mary Powell on July 1 and will disappear on July 7 at 5 pm. As usual, NO food, clothing or sharp objects.

The Table looks forward to having visitors.

Meet Molly W.

Molly moved to her Adirondack apartment a few months ago from her apartment in Brooklyn’s Park Slope neighborhood.

Her lifelong interest in travel, international relations and government were sparked when, as a senior in high school, she represented her school on an American Field Service assignment in Indonesia. She lived with a local Indonesian family during that summer. As an adult, she served in the Peace Corps for two years in southern Africa.

Molly attended the University of Chicago and taught international relations and government at the Olive Harvey Community College located on the South side of Chicago. With friends, Molly took advantage of small play groups that were attended by her two children, enabling her to have time to do the prep work and paper-grading that her teaching demanded.

She played tennis when she was younger and now enjoys watching tennis. Here at Kendal, Molly enjoys playing ping-pong and walking in Kendal’s green wooded surroundings near the Hudson River.



FREE COMPOST!

Sunday, June 25, 3 pm - 5 pm (Rain or Shine)

Whether you're a knowledgeable gardener with a carefully tended planter on the terrace or a fledgling grower of flowers or vegetables on your balcony or patio:

DON'T MISS THIS OPPORTUNITY

Pick up free compost,
rich in nutrients

Grab your empty bins or buckets, and hustle on down to the John Paulding School to gather up compost (limit 2 pails per person) produced by residents of Tarrytown & Sleepy Hollow (including some here at Kendal) who have been sending their organic waste to the composting site instead of the trash incinerator.

There'll be a compost learning-station and a share-table to swap seeds or plants you don't need. You'll also be able to purchase your own two-container composting kit for just \$10 and learn about how our school district is starting to compost on campus, becoming #WastelessHorsemen!

For more information or to carpool, see the posters in the Activities Alcove, or email Anne W.

KoH Opera Committee Wants YOU



If you enjoy listening to and seeing extraordinary opera singers in traditional and contemporary, often thought-provoking productions on the large Gathering Room screen, come join us any Saturday afternoon at 1 pm. All operas are shown with English subtitles.

The Opera Committee meets every three months to plan Saturday Opera on DVD for the following quarter. It's looking for one or two new members with computer experience, able and willing to perform some clerical follow-up. Looking forward to greeting YOU.

For further information, contact committee chair Ursula H.

Save the Date



OPEN MEETING DINING SERVICES

Dining Advisory Committee
Project Refresh Dining Plans

Thursday, July 6 - GR – 2:30 pm
All Residents Invited

The Met Live in HD 2023-2024 Season

As announced last week, the Trips Committee will again offer to purchase tickets for and provide transportation to four Metropolitan Opera matinee performances telecast in HD at the White Plains City Center Cineplex.

The total number of participants per opera is limited to 12 because of the van's seating capacity.

Each resident may register for two operas or place their names on the respective wait lists. They can also put their name on a wish list in case an opening is still available after the wait list has emptied.

Registration will take place in the **Private Dining Room** on the first floor of Mary Powell (at end of Main Street) on **Tuesday, July 11, from 10 am to noon.**

Further details and brief overviews of the operas will be distributed on July 11. The opera titles and dates are as follows:

Sat, **Oct 21: *Dead Man Walking***
(Heggie)

Sat, **Jan 27: *Carmen*** (Bizet) -- new production

Sat, **Mar 9: *La Forza del Destino***
(Verdi)

Sat, **Apr 20: *La Rondine*** (Puccini)

Feel free to contact Ursula H.

Quo Vadis Kitchen Scraps?

Anne W. spearheaded a modest pilot program at Kendal to collect kitchen scraps and garden waste, which will be turned into compost.

If this awakens your interest, please come to a meeting of the **Environmental Sustainability Committee on Thursday, June 29, at 10 am, in the Private Dining Room.** All are welcome.

Anne W. and Bob Michael will talk about the project's genesis and the progress they have made toward expanding it gradually.

This ties in with the Compost Give-Back announced on page 5.