



Events: Week of April 17, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

| | | | |
|-------------|-----------------------|--|-----------------------|
| Mon 4/17 | 7:30 | Program: Jack Viertel, "Broadway -- What's Next?" (see p.3) No Movie | GR |
| Tue 4/18 | 1:30 8:00 | Shopping: Tarrytown 9:45 - 11:00 / Thornwood 1:00 - 2:15 Course: "American Musicals and the Pulitzer Prize: <i>Sunday in the Park with George</i> "; Instructor: Meg Bussert (subscription) Movie: <i>Soap Dish</i> (1991, 1hr 36min). A comic look at a scandal-ridden TV soap opera. | GR Ch. 970 |
| Wed 4/19 | 12:45 5:00 8:00 | Trip: Philipse Manor Hall Historic Site, Yonkers Sip and Snack Movie: <i>Lower Depths</i> (1957, 2hr 5min). Based on Maxim Gorky's play, this comical tale focuses on the tribulations of a group of lower-class people living in a small tenement. | GR Ch. 970 |
| Thu 4/20 | 7:30 8:00 | Movie: <i>Top Gun Maverick</i> (2022, 2hr 11min). After 30 years, Maverick is still pushing the envelope as a top naval aviator. Movie: <i>Megan Leavey</i> (2017, 1hr 56min) A young Marine corporal with her military dog saved many lives during deployment in Iraq. | GR Ch 970 |
| Fri 4/21 | 2:00 5:00 8:00 | Shopping: Millwood (DeCicco's) 9:30 - 11:00 / Ossining 1:00 - 2:15 Program: Conversation with Assemblywoman MaryJane Shimsky Sip and Snack Movie: <i>Top Gun Maverick</i> (see 4/20). | GR GR Ch 970 |
| Sat 4/22 | 1:00 8:00 | Opera: <i>Macbeth</i> by Giuseppe Verdi (see p.4) Movie: <i>Wall-E</i> (2008, 1hr 38min). In future world where humans have destroyed Earth and evacuated the planet, robot cleans up the mess. | GR Ch 970 |
| Sun 4/23 | 3:00 8:00 | Movie: <i>The Big Lebowski</i> (1998, 1h 58min). Jeff Lebowski gets involved in a mess when mistaken for another man named Lebowski. Movie: <i>The Big Lebowski</i> (see above). | GR Ch. 970 |

KoH TV Channel 970**Round-the-Clock: Rue des Artistes "Awakening"**

3:00 pm.

Mon-Fri, Apr. 17-21: Talk: Hudson Canyon: Building Support for a New Marine Sanctuary

Sat-Sun, Apr. 22-23: **The World's Greatest Geological Wonders**

Lecture 3: Galapagos Rift – Wonders of Mid-Ocean Ridges

Lecture 4: African Rift Valley – Cracks into the Earth

4:30 pm: Concert: The Manhattan String Quartet, 2016

8:00 pm: Movies as listed above

Deadline for Apr. 24 issue of Spotlight is Wed, Apr. 19, at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Peggy Pennell, Carlisle Spivey

REGULAR WEEKLY ACTIVITIES

| | | |
|----------------------|---|------|
| Contemporary Issues | Thu 10:00 | ZOOM |
| Drop-in Art Salon | Tue & Thu 2-4 | ART |
| Fiber Arts: | 2 nd & 4 th Fri 2-4 | CRA |
| French Conversation | Fri 3-4:30 | BIS |
| Italian: | Thu 11:15 | GR |
| Meditation | Tue/Thu/Sat 9:15 | RCR |
| | Sun 7:15 pm | |
| Open Studio: | Sat 10-12 | ART |
| Poetry Reading | 4 th Wed 4:00 | RCR |
| Quilting | 1 st & 3 rd Fri 2-4 | CRA |
| Spanish | Fri 11:00 | RCR |
| Tuesday Morning Club | Tue 10-12 | GR |

Fitness Classes

Stretch/Balance: Mon, Wed, Fri 9:30 (Zoom)
Pilates: Mon 10:15 & 11:15; Wed 10:15
Resistance Bands: Mon, Wed, Fri 12:30
Tai Chi: Tue & Fri 10:00
Water Aerobics: Tue & Fri 10:45
Zumba Gold: Tue 2:00
Bocci or Cornhole: Wed 1:30
 (depends on the weather)
Mat Yoga: Thu 12 noon
Mindful Movement & Meditation: Thu 1:15
Please sign in at classes – name & ext.

Staffed Fitness Center

Mon-Fri, 8:30–3:30

Pool: Mon-Fri, 9:00 –4:00; Sat, 9:00-3:00

Guest swim Mon-Sat 1:00 – 3:00

Fitness Center & Pool closed 12-1

LIBRARY

Librarian on Duty Mon-Fri 10-12 & 2-4.
 Browse/borrow 24/7 in library and from
 carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

RESIDENT CARE CENTER

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

LOCATIONS

All in Mary Powell

| | |
|------------|-----------------------------------|
| BIS | Bistro |
| GR | Gathering Room |
| PDR | Private Dining Room |
| RL | Residents Lounge (outside Bistro) |
| RCC | Resident Care Center (T level) |

On C Level

| | |
|------------|------------------------------|
| ART | Art Studio |
| CRA | Craft Room |
| RAO | Residents Association Office |
| RCR | Riverview Conference Room |
| SUN | Sunnyside |

KENDAL DINING

Please send comments to:

diningcomments@kohud.kendal.org



Bistro

Monday – Saturday

Breakfast 8:00 am – 10:00 am

Lunch 11:30 am – 1:30 pm

Coffee and Hot Tea 2:30 pm – 3:30 pm

Dinner 5:00 pm – 7:30 pm

Sunday

Brunch 11:00 am – 1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations required; they can be made for
 5:00, 5:30, 6:00, or 6:30 pm. Use Open Table
 on Residents Website or CATIE, or call front
 desk x1000.

Please be on Time!

RELIGIOUS SERVICES

Catholic Mass:

Sundays, 12:15 pm GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue. 1:30 pm SUN

Shabbat Services:

2nd & 4th Fri. 4:30 pm PDR

Monday Night Program
Jack Viertel
“Broadway -- What’s Next”

After 34 years serving as the Creative Director and then Senior VP of Jujamcyn Theaters, Jack Viertel retired at the end of 2021. Over the years, he was involved in numerous award-winning productions, including such era-defining stagings as *Into The Woods*, *M. Butterfly*, *Angels in America*, *Jelly’s Last Jam*, and *The Secret Garden*. He played an instrumental role in bringing to the stage six of August Wilson’s ten-play “Century Cycle,” beginning with the Pulitzer Prize-winning *The Piano Lesson*.

From 2000 to 2020, he also served as Artistic Director of the Encores! series at New York City Center, overseeing more than 60 productions including *Hair*, *Follies*, *Lost in the Stars*, *Mack & Mabel*, *Juno*, *House of Flowers*, *Cole Porter’s The New Yorkers*, *Me and My Girl*, and *1776*. His book *The Secret Life of the American Musical* was published in 2016.

Join us on **April 17 at 7:30 pm in the GR** to hear what Jack Viertel has to say about “Broadway—What’s Next?”

Contact the County Executive

George Latimer spoke to Kendal residents on April 10. He stressed that if you have complaints, suggestions or questions for the County Executive, you should email him at this address: GLatimer@westchestergov.com
Take advantage of this generous offer.

April 21 Program
A Conversation with NYS
Assemblywoman MaryJane Shimsky

Elected to the NYS Assembly in Nov. 2022, MaryJane Shimsky represents the 92nd District, comprising the villages of Sleepy Hollow, Tarrytown, Irvington, Dobbs Ferry, Ardsley and Hastings-on-Hudson, and parts of the towns of Mount Pleasant and Greenburgh.

A lifelong environmentalist, Ms. Shimsky previously served on the Westchester County Board of Legislators where she promoted a legislative agenda to fight climate change and other environmental damage. Her advocacy for the fight against opioid addiction included a 2017 law authorizing Westchester County's first lawsuit against opioid manufacturers.

A Yale graduate, she earned her law degree from NYU’s School of Law and her Ph.D. in History from CUNY. She worked as an Assistant District Attorney in the Appeals Bureau of the NY County (Manhattan) District Attorney’s Office and taught history and geography at the former Marymount College in Tarrytown.

At 2 pm on Friday, April 21, residents will have a chance to meet Ms. Shimsky and learn about her work in the NYS Assembly.

New Resident’s Bio Posted

A biography of Barbara W. is now posted on Main Street near the windows opposite the bulletin board.

The Legacy Art Show

The next “Rue des Artistes” show will be here before you know it.

The First (and Last!) Call for artwork is only five days away. And...the show will be opening on May 2. So, rummage through those portfolios, gaze anew at those unfinished canvases; paper/cloth findings; bits of driftwood; rocks, stones, pebbles; all those photos waiting for the printer.

Reconsider (with haste) that fresh idea in acrylic. Grab those stretchers, limber those brushes, sharpen your pencils, markers, scissors, exacto knives, and **create! Create! CREATE!**

Then look in your email and in your cubbies the next few days for what to do next. It will be there before you know it!!!

Trip to CIA—May 10

The Culinary Institute of America (CIA) in Hyde Park, NY is a world-class culinary college with award-winning student-run restaurants and a beautiful, historic campus.

Our tour will go behind the scenes and give us an inside look into the CIA. It will include the main building Roth Hall, interactive demonstrations of the science of taste, and a Q-and-A session with CIA students. Throughout the campus are food history exhibitions, and photos and tributes to individuals who made significant contributions to the food, beverage, and hospitality industries, notably Anthony Bourdain (CIA class of 1978) and Paul Bocuse. Outdoor sculptures of interest are "The

Sturgeon" and "The Egg." We will have lunch at one of the CIA's restaurants, The Apple Pie Bakery Cafe.

Those left on the wait list from the October 26, 2022 trip will have priority on the May 10 trip.

Attention Grandparents and Great Grandparents

On **Saturday, April 29**, the Rotary Club of the Tarrytowns is running its **Annual Rubber Duck Derby** in Patriots Park **between 11 am and 3 pm**.

By adopting one or more rubber ducks, your family will have a chance of winning the derby and you will contribute to the Rotary Club's charitable work. The fun will be even greater, if the young ones can be present to watch their adopted ducks race down the chute. "Adoption papers" are \$10 per duck and are obtained online at tarrytownrotary.org.

If you don't know already, Kendal on Hudson is a Presenting Sponsor of the event.

Ursula H.

Saturday Opera

Our program on **April 22** will be ***Macbeth*** by Giuseppe Verdi in a performance by the Royal Opera Covent Garden from 2011, conducted by Antonio Pappano. The principal singers are Simon Keenlyside and Liudmyla Monastyrskaya.

Join us in the **Gathering Room at 1:00 pm** and don't forget your mask.