



Events: Week of September 4, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 9/4	8:00	LABOR DAY Movie: <i>La Cage Aux Folles</i> (1978, 1h 43min). Renato and his drag queen boyfriend must masquerade as a straight married couple when Renato's son brings his fiancée's conservative parents to dinner.	Ch 970
Tue 9/5	1:30	Shopping: Tarrytown 9:45-11:00; no shopping in pm Class: "Paleo-Astronomy: How Copernicus, Galileo, Kepler, and Newton Changed Cosmology": Instructor Paul Olsen (subscription)	GR
	8:00	Movie: <i>Tosca's Kiss</i> (1984, 1h 27min). Meet the inhabitants of the world's first nursing home for retired opera singers, founded by Giuseppe Verdi.	Ch 970
Wed 9/6	5:00	Sip and Snack	GR
	8:00	Movie: <i>All the Pretty Horses</i> (2000, 1h 56min). Two Texas cowboys get in trouble after one of them falls in love with a wealthy rancher's daughter.	Ch 970
Thu 9/7	10:00	Trip: Bruce Museum, Greenwich, CT	
	7:30	Movie: <i>Close to Vermeer</i> (2023, 1h 19min). Behind the scenes at the largest Vermeer exhibition ever mounted; fascinating insights into Vermeer's paintings and the museum world.	GR
	8:00	Movie: <i>Home Run Derby, Vol 1</i> (1959, 1h 40min). Famous sluggers face off in a celebrity sports show pitting American against National Leaguers.	Ch 970
Fri 9/8	5:00	Shopping: Thornwood 9:30-10:45 / Ossining 1:00-2:15 / 1:45-3:00	GR
	8:00	Sip and Snack Movie: <i>Close to Vermeer</i> (2023, 1h 19min). See Thursday's description.	Ch 970
Sat 9/9	1:00	Opera: <i>Nabucco</i> by Giuseppe Verdi (see p.3)	GR
	8:00	Movie: <i>Foul Play</i> (1978, 1h 56min). Goldie Hawn shines as a gentle librarian who uncovers a plan to assassinate the Pope.	Ch 970
Sun 9/10	7:30	Movie: <i>Are You There God? It's Me, Margaret</i> (2023, 1h 46min). At 11, Margaret is moving to a new town and beginning to contemplate everything about life, friendship, and adolescence.	GR
	8:00	Movie: <i>"O"</i> (2001, 1h 34min). This modern retelling of <i>Othello</i> takes place in an exclusive boarding school where Odin is the star basketball player and only black student.	Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes "Kaleidoscope"

3:00 pm: Mon-Fri, Sept 4-8: Talk: "Leading Ladies of Westchester – Stage, Screen & Television"

Sat-Sun, Sept 9-10: The History of the Supreme Court, Part 1: From the Constitutional Convention to World War I **(series has no subtitles)**

Lecture 3: Ratification and the Bill of Rights

Lecture 4: John Marshall Takes Control

4:30 pm: Concert: Eve Queler, vocalist, and Seth Farber, pianist, 2023

8:00 pm: Movies: as listed above

Deadline for Sept 11 issue of Spotlight is Wed, Sept 6, at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey

REGULAR WEEKLY ACTIVITIES

Contemporary Issues Thu 10 ZOOM
Drop-in Art Salon Tue & Thu 2-4 ART
Fiber Arts 2nd & 4th Fri 2-4 CRA
French Conversation Fri 3-4:30 BIS
Italian Thu 11:15 GR
Meditation Tue/Thu/Sat 9:15 am RCR
Wed/Fri/Sun 7:15-7:45 pm RCR
Open Studio Sat 10 am-12 ART
Poetry Reading resumes 9/27 CLE3
Quilting 1st & 3rd Fri 2-4 CRA
Spanish Fri 11:00 RCR
Tuesday Morning Club Tue 10-12 GR

STAFFED FITNESS CENTER

Mon–Fri, 8:30–3:30

Closed Mon, 9/4 - No Classes

FITNESS CLASSES

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15 **not on 9/6**

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: Tue & Fri 10:45 **not on 9/8**

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:0

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

POOL: Mon-Fri 9-4, Sat 9-3

Guest Swim: Mon-Sat 1-3

Fitness Center & Pool closed 12-1 pm

Pool reopens Tue, 9/5

LIBRARY

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

RESIDENT CARE CENTER

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Day: 1st Mon, 9 – noon

For additional services, call x1030

LOCATIONS

All in Mary Powell except CLE

BIS Bistro
CLE Clermont
GR Gathering Room
PDR Private Dining Room
RL Residents Lounge (outside Bistro)
RCC Resident Care Center (T level)
On C Level
ART Art Studio
CRA Craft Room
RAO Residents Association Office
RCR Riverview Conference Room
SUN Sunnyside

KENDAL DINING

Please send comments to:

diningcomments@kohud.kendal.org

BISTRO

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

FORMAL DINING ROOM

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

RELIGIOUS SERVICES

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

Transportation

Due to the Labor Day Holiday, there will be **NO Transportation on Monday, September 4.**

Astronomy Course Starts Sept 5

Prof. Paul Olsen returns on **Tue, Sept 5, at 1:30 pm** to begin his four-session course: "Paleo-Astronomy: How the Geological Record of Climate on Earth Unlocks the Chaotic History of the Solar System."

Tuition: \$45 for all four sessions; \$15 per session. Lost your sign-up sheet? Visit the alcove adjacent to the Computer Room for an extra. Registrations for all or part of the course are welcomed at the door.

Questions? Call Fran K.

Chappaqua Foreign Policy Fall Discussion Program

The Chappaqua Foreign Policy Discussion Group will sponsor seven lectures this fall featuring prominent individuals speaking on current international issues. All KoH residents may participate in these sessions which will be broadcast into the GR from **10 am to 11:30 am on Mondays, Sept. 18; Oct. 2, 16 and 30; Nov. 13 and 27; and Dec. 11.** There will be no fee, and no preparatory work is required. Look for an email from Stan A. with further details.

Resident Care Center

The Resident Care Center will be **closed Labor Day, Monday, September 4.** If you have an emergency, please press your PET. Drug Take-back day will be Monday, September 11.

Thank you, Kim.

Saturday Opera

After an excursion into Surrealism last week, we are returning to a biblical theme, **Giuseppe Verdi's** powerful **Nabucco**. In this 2005 performance from the Vienna State Opera, Leo Nucci sings the title role of Nabucco. Fabio Luisi conducts the Vienna Philharmonic Orchestra.

Come join us in the **Gathering Room** on **September 9 at 1:00 pm.**

Bells Bells Bells

The Bellringers are going to reconvene and we are calling all interested parties to let us know if they would like to join this activity. Reading music is not a necessity. We have a wonderful conductor, and we need to let her know our total group so she can prepare the necessary copies of the music.

We meet on **Wednesdays from 11 am-noon.** All are welcome. Please contact Cynthia F.