



Events: Week of September 25, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 9/25	8:00	Movie: <i>Name of the Rose</i> (1986, 2h 10m) A gothic medieval thriller set in a 14 th century Italian monastery. Based on a novel by Umberto Eco.	Ch 970
Tue 9/26	1:30	No Shopping Final Class: Paleo-Astronomy: "The Orrery, the Dinosaur, and Dark Matter," Instructor: Paul Olsen (subscription)	GR
	8:00	Movie: <i>Good Night, and Good Luck</i> (2005, 1h 33m) Broadcast journalist Edward R. Murrow looks to bring down Senator Joseph McCarthy.	Ch 970
Wed 9/27	5:00	Sip and Snack	GR
	8:00	Movie: <i>Meeting Gorbachev</i> (2018, 1h 30m) The life of Mikhail Gorbachev, the eighth and final President of the Soviet Union.	Ch 970
Thu 9/28	7:30	Movie: <i>A Thousand and One</i> (2023, 1h 57m) After Inez kidnaps her son Terry from foster care, mother and son set out to reclaim their sense of identity and stability in a rapidly changing NYC.	GR
	8:00	Movie: <i>Gustavo Dudamel</i> (2009, 1h 45m). The inaugural concert of the famed conductor at the Los Angeles Philharmonic.	Ch 970
Fri 9/29	10:00	Shopping: Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00	ADK GR Ch 970
	5:00	Adirondack Art Exhibit (see p.3)	
	8:00	Sip and Snack Movie: <i>A Thousand and One</i> (See Thursday's description.)	
Sat 9/30	1:00	Opera: <i>Adriana Lecouvreur</i> (see p. 4)	GR Ch 970
	8:00	Movie: <i>Turn Every Page</i> (2023, 1h 14m) Two literary legends, writer Robert Caro and his longtime editor Robert Gottlieb, attempt to finish the final masterstroke in their life's work, <i>The Years of Lyndon Johnson</i> .	
Sun 10/1	3:00	Concert: "Broadway Cabaret" with Chris Groenendaal & Sue Anderson (see p. 3)	GR
	8:00	Movie: <i>Fences</i> (2016, 2h 19m) A working-class African-American father tries to raise his family in the 1950s, while coming to terms with the events in his life,	Ch. 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, "Kaleidoscope"

3:00 pm Mon-Fri Sept 25-29: Talk – Anthony J. Czarnecki, "Copland in Cortlandt: Fanfare for an Uncommon Man," 2023

3:00 pm Sat, Sept 30, repeated Sun, Oct 1: The Supreme Court: Part 1: "From the Constitutional Convention to World War I" (no subtitles)

Lecture 9: "Separate but Equal"

Lecture 10: Two Justices from Boston

4:30 pm: Concert: Music from Copland House, 2017

8:00 pm: Movies: as listed above

Deadline for Oct. 2 issue of Spotlight is Wed, Sept 27. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: Tue & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

**Oct. 1 Concert
"Broadway Cabaret"
3 pm in the Gathering Room**

Cris Groenendaal and Sue Anderson return on Sunday afternoon, Oct 1, for another entertaining *Broadway Cabaret*. Cris originated the role of Andre in "The Phantom of the Opera" and held roles in "Sweeney Todd," "Sunday in the Park with George," "Ragtime," "Kismet" and "Show Boat." Sue, who accompanied the Kendal Chorale for several years, has worked as conductor and musical director with many Broadway and national touring companies including "Pirates of Penzance," "Me and My Girl," and "Cats."

Art Classes

Florence W. will be giving a three-session pottery course on Thursdays, **September 28, October 5, and October 12, from 2-4 pm**. She will be introducing the use of new sculpture tools! If you'd like to be part of this class, please email Florence.

Birgitta H's Collage students have asked her to extend their classes two more weeks. They will continue to meet at **10-noon, on September 28 and October 5**.

October Course Reminder

Dr. Joanne Dobson, retired English Professor (Fordham, Amherst, Tufts) and author of the award-winning Professor Karen Pelletier mystery series, will conduct a four-session course on detective fiction on Tue, **Oct 3, 10, 17, and 24 from 1:30 to 3 pm** in the GR. Sign-up sheets are available in the wall rack in the Activities Alcove or call Fran K. Tuition: \$40 for the full course; \$15 per session.

Adirondack Art Exhibit

The Adirondack Art class will be holding an exhibit of their work on Friday, September 29, from 10 am - 12 pm in the Country Kitchen in Adirondack. The exhibit is open to all residents and staff. Refreshments will be served.

Trip to Farmers' Markets

Transportation to the Pleasantville and Tarrytown Farmers' Markets is scheduled for Saturday, Sept 30. A sign-up sheet is at the front desk for all Saturday requests. The Pleasantville Market trip leaves Kendal at 9:15 am. The return run is at 10:30 am. Departure from Kendal for the Tarrytown Market is at 9:45 am. The return trip is at 11:00 am. A driver will be available until 3:00 pm Saturday for other trips.

Opera Trips Update The Met Live in HD

A reminder that the first of four operas, among those telecast by the Metropolitan Opera, will be shown next month. The Trips Committee has arranged for tickets and transportation to the Showcase De Luxe Cinema at the Ridge Hill Mall.

The operas are:

Dead Man Walking by Jake Heggie on Sat, Oct 21;

Carmen by Georges Bizet on Sat, Jan 27;

La Forza del Destino by Giuseppe Verdi on Sat, Mar 9;

La Rondine by Giacomo Puccini on Sat, Apr 20.

The 12 van seats are fully booked for the first three works, but two additional residents can be accommodated for *La Rondine* on Apr 20.

1. If you are interested in any of the first three operas, please sign the wait list in the Trips Book kept at the reception desk. If a current ticket holder finds s/he cannot go, the ticket(s) can be purchased from the ticket holder.
2. For *La Rodine*, two van seats are still available. If you are interested, the coordinator will try to purchase one or two additional tickets although

you will not sit with the group. Again, please sign the registration form in the Trips Book, which will be monitored frequently.

All details can be obtained from Ursula H.

Saturday Opera Sept 30 at 1:00 pm, GR

We're returning to France for our last presentation in September, **Adriana Lecouvreur** by Francesco Ciléa, with the star cast of Montserrat Caballé, Fiorenza Cossotto, and José Carreras. Gianfranco Massini conducts the NHK Symphony Orchestra of Japan in a performance from 1976.



New Trip

October 25, Wed: Neuberger Museum of Art, SUNY Purchase

The Neuberger Museum of Art on the SUNY Purchase campus has collections of modern, contemporary, and African art. We will have a docent tour of the special exhibition “A Matter of Discovery: The Art of Luis Perelman.” Perelman is a New York-based artist well known for his sculptures cast in clear resin and other innovative art forms. More than 50 of his works are exhibited: resin blocks, optical paintings, wall compositions, and paper constructions.

Another current special exhibition presents the work of Romuald Hazoume, an internationally acclaimed artist whose work has been exhibited in major museums worldwide. This exhibit presents his large-scale canvases associated with “FA”—a centuries old sacred knowledge system of symbols and signs, originating in Nigeria.

The exhibition “Then and Now: Modern and Contemporary Selections from the Permanent Collection” has just returned from a year-long national tour. It includes works by Milton Avery, Romare Bearden, Willem de Kooning, Edward Hopper, Georgia O’Keeffe,

Mark Rothko, and other well-known artists.

We will have lunch at a local restaurant prior to our visit to the museum.

Short Wait List

Oct 19, Thurs: The Dorsky Museum of Art, SUNY New Paltz
(This is a major museum and has no entry fee!)

Note: Don’t hesitate to sign up on a wait list. There are almost always cancellations and wait-listed residents often get a place on the trip.



OCTOBER MOVIE MYSTERY **MONTH**

SATURDAY 10/7 ON 970 at 8:00: DEVIL IN A BLUE DRESS (story by Walter Mosley)

IN THE GR:

SUNDAY 10/8 at 3:00 a MISS MARPLE

THURSDAYS at 7:30:
10/12 & 10/19 some MAIGRET with Michael Gambon

10/26 some MIDSOMER MURDERS

Transportation Updates

Our NEW BUS has arrived! On September 11, we received our 2024 Ford E Series Bus. It seats 12 plus two wheelchairs and is a more comfortable ride for residents and drivers. Our 2005 Ford Bus will be donated to Goodwill in the upcoming weeks.

Eamon Byrne has retired, and our new driver Frank Occhipinto started with us in August. Please welcome Frank as he gets into the driving routine with our residents.

There are wallet cards with local taxi numbers available at the front desk. Please make sure you pick one up if you require taxi services.

Our drivers will continue to stay late on Tuesdays/Thursdays, so PLEASE utilize their services! Go to dinner, a movie, or late shopping! They are here to provide extra transportation for you.

The Transportation Committee now has an email address for comments or questions. It is:
transportationcomm@kohudres.org
and will be monitored by Gretchen and Ellen.

Happy Travels!

TALENT WANTED FOR NEW YEAR'S EVE

Can you sing something funny? Recite something funny? Dance? Is there a funny skit you'd like to share with us? Please contact Muriel Fox, producer of our annual New Year's Eve show, at

murielfox66@gmail.com.

Once again, our 2023-2024 show will take place on December 31 at 8 pm in the Gathering Room. The glittering New Year's Eve Ball will descend again at Kendal Midnight (9 pm). The Kendal Singers, along with other talented neighbors, will entertain us. The performance will be followed by a festive Champagne and Caviar Reception in the Residents Lounge, and then a Sing-A-Long of old-time songs in the PDR. More information will appear in *Spotlight* in coming weeks.

In the meantime, search your closet for tuxedos, evening attire and your best jewelry for this annual gala occasion.