

Kendal on Hudson



SPOTLIGHT

Events: Week of December 4, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 12/4	1:30 7:30	Course: Criminal Law Reform. Instructor: Prof. David M. Dorfman. Program: <i>For the Love of Food</i> , Pace Student Documentary (see p. 3).	GR GR
Tue 12/5	9:30 8:00	Shopping: Tarrytown 9:30 - 11:00 / Tarrytown 1:00 - 2:30 Movie: <i>Footloose</i> (1984, 1h 47m) City teenager moves to a small town where his rebellious spirit shakes up the populace.	Ch 970
Wed 12/6	10:00 11:30 5:00 8:00	Trip: Dreyfus Foundation Art Collection, Mt. Kisco Bell Ringers Concert Sip and Snack Movie: <i>A Night at the Opera</i> (1935, 1h 36m). A sly business manager and the wacky friends of two opera singers hope to achieve success in America while humiliating their snobbish enemies.	GR GR Ch 970
Thu 12/7	7:30 8:00	Movie: <i>NYAD</i> (2023, 2h 1m). The true story of athlete Diana Nyad who, at age 60, commits to her lifelong dream of a 100-mile ocean swim from Cuba to Florida. Movie: <i>Cabaret</i> (1972, 2h 4m). A female girlie club entertainer in Berlin romances two men while the Nazis rise to power around them.	GR Ch 970
Fri 12/8	5:00 8:00	Shopping: Thornwood 9:30 - 10:45 / Ossining 1:00 - 2:15 & 1:45 - 3:00 Sip and Snack Movie: <i>Touch of Evil</i> (1958, 1h 35m). Stark, perverse story of murder, kidnapping and police corruption in a Mexican border town.	GR Ch 970
Sat 12/9	1:00 8:00	Opera: <i>The Love for Three Oranges</i> by Sergei Prokofiev (see p. 3). Movie: <i>Tennessee Williams's South</i> (1973, 1h 29m). Chats with the author are interspersed with restagings from his plays.	GR Ch 970
Sun 12/10	3:00 8:00	Concert: Three Aspiring Student Musicians (see p. 3). Movie: <i>Funny Face</i> (1957, 1h 43m). An impromptu fashion shoot at a book store brings about a new fashion-model discovery, the shop clerk.	GR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, "Kaleidoscope"

3:00 pm: Mon-Fri, Dec 4-8: Talk: "The 2024 Election: What Will be Different This Time?", 2023

Sat & Sun, Dec 9-10: The History of the Supreme Court, Part 3: From the Warren Court to the Rehnquist Court

Lecture 29: "A Right to Privacy"

Lecture 30: From Abortion to Watergate

4:30 pm: Concert: Irena Portenko, piano, 2023

8:00 pm: Movies as listed above

Deadline for Dec 11 issue of Spotlight is Wed, Dec 6. Type or print submissions and email to:

Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10-12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

All classes are subject to change

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: Tue & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool are closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays 12:15 pm GR

Quaker Meeting:

Sundays 11:00 am RCR

Service of Prayers

1st & 3rd Tuesday 1:00 pm SUN

Shabbat Services:

2nd & 4th Friday 4:30 pm PDR

Dec. 4, Program
Pace U. Student Documentary
For the Love of Food

Pace University's latest student-produced documentary focuses on the slow food movement, which began in Europe during the 1980s to preserve the culture of eating locally and combating the popularization of fast food.

During 14 weeks of production that included filming across France and New York, **PaceDocs** filmmakers spoke with farmers, chefs, and restaurateurs who have dedicated their lives to making slow food a reality in a fast-paced world.

The documentary explores the environmental and health benefits of eating clean, locally grown goods, the value of family traditions, embracing culture and heritage through cooking, and the love of food. It is the latest of many award-winning films produced by the exceptional Pace documentary film team. **In the GR at 7:30 pm.**

Dec. 10 Concert
Three Aspiring Student Musicians

Our 2023 concert series ends with a program **in the GR at 3:00 pm** by three young musicians: **Josef Kogan**, violin; **Nickita Zhang**, violin; and **Philina Zhang**, piano. All three study at the Special Music School in NYC and have won top prizes in young artist competitions. A reception will follow in the PDR.

Saturday Opera

On Dec. 9, at 1 pm in the GR, it's time for something light-hearted in the form of Sergei Prokofiev's comic opera ***The Love for Three Oranges***, performed at the 1982 Glyndebourne Festival. The production, in mock *commedia dell'arte* style, was by Frank Corsaro, with sets and costumes by Maurice Sendak. Bernard Haitink conducted the soloists, the festival chorus and the London Philharmonic Orchestra.

Give-and-Take Table

In operation from Dec 1 through Dec 7 at 5 pm on the T Level of Mary Powell.

We love two-way traffic, so bring your "clearance" items in good condition and of many genres (please **no clothing, bedding, food, sharp objects**) for others to use.

Trips

Short Wait List

Wed. Dec. 6: Dreyfus Foundation Art Collection, Mt. Kisco

Tues. Dec. 19: Untermeyer Gardens Holiday Lights, Yonkers

**The Kendal 2024 Winter Art Show
is coming on January 30, 2024!**

Calling resident and staff artists —
Bring up to three pieces of your work for selection — paintings, relief, collage, drawings, fiber arts, assemblage, and sculpture, including small pieces for the locked display case — to the Art Studio **on Fri, Jan. 5, between 1:00 - 4:00 pm.**

New work is preferred. Framing is optional. Label each piece with:

- Title
- Medium
- Artist's name
- Artist's apartment number (for residents) or title (for staff)
- Phone number

Not able to bring work to the Art Studio?
We will either pick it up or curate work in your apartment.

Return to pick up your work on Mon, Jan 8, 10:00 - noon. We will tell you then what was selected for the Winter Show. **Bring back the selected work to the Art Studio on Fri, Jan 26, by 5 pm,** ready to display.

Please remove your Legacy art from the Rue des Artistes on Fri, Jan 26, by 5:00 pm. Any artwork remaining will be moved to the Art Studio for pickup. We look forward to seeing your work and showing others the amazing talent at Kendal. Questions? Contact curators **Peter S., Birgitta H.**

**Welcome New Residents
Philip and Carol M.
Dec. 7**

In 2007, when Philip and Carol both retired from their respective jobs (he was an architect and she, a speech pathologist at Lenox Hill Hospital), they moved from New York City to their former summer home in Olivebridge, NY. Their son and family live in Brooklyn and their daughter lives in Paris working on AI and climate change. Carol enjoys gardening, painting, politics, and singing, and Philip has performed, playing guitar and singing. Both love the outdoors and have traveled extensively through Africa, Southeast Asia, and Europe. They will be happy when the move is over and they can enjoy their life at Kendal.

Transportation

As we get closer to the holidays and more residents are using our transportation, please understand that wait times may be longer than usual. The drivers will do their best to keep pickup times short; however, sometimes there are unforeseen circumstances. The receptionist will convey the time that is given by the driver so that everyone is aware if there will be delays. Please feel free to contact me if you have any questions.

Thank you. Ellen x1080