



Events: Week of November 13, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 11/13	10:00 2:00 7:30	Foreign Policy Discussion: "Sanctions of All Types" (see p. 3) Residents Council Meeting (see agenda, p. 6) Program: Michele Beckerman, "The Rockefeller Archive Center: An Illustrated Introduction" (see p. 3)	GR GR GR
Tue 11/14	8:00	Shopping: Tarrytown 9:30 – 11:00 / Tarrytown 1:00 – 2:15 Movie: 1945 (2017, 1h 31m). On 12 August 1945 at 11 am, two strangers dressed in black appear at the railway station of a Hungarian village. Within a few hours, everything changes.	Ch 970
Wed 11/15	10:45 5:00 8:00	Trip to Cooper-Hewitt Museum, NYC Sip and Snack (celebrate November birthdays) Movie: Ball of Fire (1941, 1h 51m). Professors working on a new encyclopedia take in a mouthy singer wanted by the police.	GR Ch 970
Thu 11/16	7:30 8:00	Movie: Arsenic and Old Lace (1944, 1h 58m). A writer of books on the futility of marriage risks his reputation when he decides to get married, and then discovers his beloved maiden aunts are murderers. Movie: Bells are Ringing (1960, 2h 6m). An answering service operator becomes involved in the lives of her clients and falls in love with one of them, a struggling playwright.	GR Ch 970
Fri 11/17	5:00 8:00	Shopping: Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00 Sip and Snack Movie: Arsenic and Old Lace. See Thursday's description.	GR Ch 970
Sat 11/18	1:00 8:00	Opera: The Barber of Seville by Gioachino Rossini (see p.3) Movie: Belfast (2021, 1h 38m). A young boy and his working-class Belfast family experience the tumultuous late 1960s in Ireland.	GR Ch 970
Sun 11/19	3:00 8:00	Concert: Irena Portenko, piano (see p. 4) Movie: The Shawshank Redemption (1994, 2h 22m). Over the course of several years, two convicts form a friendship, seeking consolation and, eventually, redemption through basic compassion.	GR Ch 970

KoH TV Channel 970**Round-the-Clock:** Rue des Artistes "Kaleidoscope"**3:00 pm:**

Mon-Fri, Nov 13-17: **Talk:** "Preserving Our History: Sleepy Hollow Lighthouse Renovation," 2023
Sat & Sun, Nov 18-19: **The History of the Supreme Court, Part 2:** "From the Taft Court to the Warren Court"

Lecture 23: War against the Constitution

Lecture 24: Earl Warren—Politician to Chief Justice

4:30 pm: Concert: The Merling Trio, 2017**8:00 pm: Movies:** As listed above

Deadline for Nov 20 issue of Spotlight is Wed, Nov 15. Type or print submissions and email to:

Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center Mon–Fri, 8:30–3:30

All classes are subject to change.

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tues & Fri 10:00

Water Aerobics: Mon & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

November 13 Program
Michele Beckerman
**“The Rockefeller Archive Center:
An Illustrated Introduction”**

Established in 1974 as a division of Rockefeller University, The Rockefeller Archive Center was created to assemble, process, and make available for scholarly research, the papers of the Rockefeller family and the records of various philanthropic and educational institutions they founded.

Currently the Center’s collections include the archives of the Ford Foundation, the Commonwealth Fund, the Russell Sage Foundation, the John L. and James S. Knight Foundation, and the Social Science Research Council, among many others.

On Nov. 13, **at 7:30 pm in the Gathering Room**, Senior Curator Michele Beckerman will present interesting stories about the Archive Center’s collections – including some stories about the Rockefellers and the philanthropies whose records are housed at the Center.

Foreign Policy Discussion
“Sanctions of All Types”

Residents are invited to view a Zoom lecture sponsored by the Chappaqua Foreign Policy Group **at 10 am on Monday, November 13 in the GR**. Sanctions of all types have been a weapon in the West’s efforts to weaken and discourage bad actors from disrupting the world order. Guest speaker Thibault Denamiel, Center for Strategic and International Studies, focuses on the intersection of trade and U.S. national security and trade policy as a diplomatic tool.

Saturday Opera

Our magic carpet takes us to Seville, the location of Rossini’s comedy *Il barbiere di Siviglia* (*The Barber of Seville*), directed by Bartlett Sher and performed on the Metropolitan Opera’s extended stage. The title role is sung by Peter Mattei, Joyce Di Donato is Rosina, and Juan Diego Flórez is Count Almaviva. James Levine conducts the Metropolitan Opera orchestra in this delightful 2007 performance.

Join us in the Gathering Room on **November 18 at 1 pm**.

November 19 Concert Irena Portenko, piano

Born in Kyiv, Ukraine, Irena Portenko has had a distinguished career as a piano soloist and educator. Since the start of the war against Ukraine, she has raised more than \$200K through concert performances and a GoFundMe Campaign to assist displaced Ukrainian musicians. She received her master's and doctoral degrees in music and piano performance from the University of Michigan School of Music. Her Kendal program at **3 pm in the Gathering Room**, will include sonatas by Liszt and Schubert.

Bags for Thanksgiving!

The Tuesday Morning Club will again be selling their lovely gift bags on **Thursday, November 16, from 5:30 to 6:30 pm** in the Residents Lounge. The bags sell for \$5, and IOUs are acceptable. All the proceeds are used for craft supplies. The decorated Bistro, and the Meals-on-Wheels trays often show what a fun time we have with paper and glue sticks.

Shirley M., Carolyn K. and Sally C. are busy with wonderful fabric and ribbons and you will see the lovely results on Thursday. Hope to see you there.

Trips

New Trip

Dec. 6, Wed: Dreyfus Foundation Museum of Art, Mt. Kisco

The art collection at The Dreyfus Foundation comprises the works of self-taught and contemporary artists, and a unique collection of 20th - 21st century artists and art works from the Louis-Dreyfus Family Collection.

The special exhibition "Marvels of My Own Inventiveness" includes some 22 paintings by five contemporary Black artists in the American Folk Art Museum collection: Leonard Daley, Claude Lawrence, J.B. Murray, Mary T. Smith, and Purvis Young. There is always something new and unusual to see in this museum. We will have a docent tour.

This is a half-day trip with no lunch included. We depart Kendal at 10 am and return to Kendal at 1 pm.

Short Wait List

Nov. 15, Wed: Cooper-Hewitt Museum, NYC

Nov. 29, Wed: David Rockefeller Center at Pocantico, plus narrated van tour of Tarrytown and Sleepy Hollow.

Living Sustainably: Kendal's New Plant Disposal Location

Thanks to Bob Michael and Ryan Brown of Brightview Landscaping, Kendal now has a proper disposal spot for your dying summer plants and plant cuttings. It is on the south side of the property, opposite the entry to the cul-de-sac and behind the berm.

As you approach the walkway to Sleepy Hollow Manor, but before you reach the gate, you will see on your right a large cleared area, marked with posts and blue string. Please bring the plant materials you wish to discard to this spot.

Do not discard any plant pots or plastic plant markers there. This spot is for plant materials only and, used appropriately, enhances our efforts to be kind to Kendal's beautiful landscape.

Disposal of Batteries

Gjekote Curanaj, Senior Manager for Facilities, advises that used alkaline batteries (A-AAA) should be put into your bagged garbage and placed into the trash bin/dumpster. You need not take them to the front desk.

All other single-use batteries and rechargeable batteries are collected for recycling. Bring them to the Activities Alcove (between Gathering Room and Lounge, opposite the Computer Room) and place them in a marked box on the right side of the counter. They will then be stored and picked up by a contracted vendor.

Meet the Next Residents Council

Newly Elected Members

Llyn Clague, Muriel Fox, Jon Masters, Jeff O'Donnell, Roberta Poupon, Carlisle Spivey

Continuing Members

Eugene DuBow, Jennifer Gardy, Hildegard Gray, Maria Harris, Robert Kutscher, Christopher Mitchell, Robert Root

Special thanks to Retiring Members Aubrey Hawes, Peter Seldin, Hank Schacht, Hanan Watson