

Kendal on Hudson SPOTLIGHT

Events: Week of October 16, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 10/16	11:00 7:30	Foreign Policy Discussion, “US-Mexico Relations” (see p.3) Program: “A Virtual Tour through the 19 th Century Lyndhurst Mansion,” Edward Peducci (see page 3) NO MOVIE	GR GR
Tue 10/17	1:30 8:00	Shopping: Tarrytown 9:30-11:00; no shopping in pm Class: “The Mystery Genre,” Instructor: Joanne Dobson (subscription) Movie: <i>Are You There God? It's Me Margaret</i> (2023, 1h 46m) Margaret's adolescent feelings adjust to new friends after moving to suburbs. Based on book by Judy Blume.	GR Ch 970
Wed 10/18	10:30 5:00 8:00	“Hearing Loss” Presentation by Jessica LaCorte, Audiologist (see p.4) Sip and Snack “Celebration of October Birthdays” Movie: <i>Oh Woe Is Me</i> (1993, 1h 35m) Based on Greek myth. A god comes to earth in form of Godard's husband to experience human desire.	GR GR Ch 970
Thu 10/19	10:00 7:30 8:00	Trip: Samuel Dorsky Museum of Art, SUNY New Paltz Movie: <i>Maigret</i> (1992 1h 40m) Michael Gambon plays sleuth Jules Maigret, in an episode from the PBS Georges Simenon detective series. Movie: <i>Leonard Cohen: Power of Song</i> (2017, 1h 35m) This is a Memorial Tribute for the noted singer-songwriter.	GR Ch 970
Fri 10/20	1:30 5:00 8:00	Shoprite/Thornwood 9:30–10:45 / Ossining 1:00–2:15 & 1:45-3:00 Program: “Meet Schools Superintendent Raymond Sanchez” (see p.3) Sip and Snack Movie: <i>Hannah Arendt</i> (2012, 1h 53m) Arendt's life as a philosopher and political theorist. She reported on the trial of Nazi leader Adolph Eichmann.	GR GR Ch 970
Sat 10/21	1:00 8:00	Opera: <i>Luciano Pavarotti – Life in Seven Arias</i> (see p.4) Movie: <i>The Idiot</i> (1951, 2h 46m) Dostoevsky's updated novel, Kurosawa's story of Japanese pure, simple man destroyed by a postwar faithless world.	GR Ch 970
Sun 10/22	3:00 8:00	Concert: <i>Chamber Players of the Greenwich Symphony</i> (see p.5) Movie: <i>She Said</i> (2022, 2h 9m). Two women at the NYTimes report sexual abuse allegations against powerful Hollywood producer Harvey Weinstein.	Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes “Kaleidoscope”

3:00 pm Mon-Fri Oct 16-20 Talk: “A Transformed Supreme Court” Adam Liptak, 2023

Sat -Sun Oct 21-22: The History of the Supreme Court, Part 2:

“From the Taft Court to the Warren Court”

Lecture 15: “Court Packing” and Constitutional Revolution

Lecture 16: The New Deals Take Control

4:30 pm: Concert: The Dolce Ensemble, 2018

8:00 pm: Movies: as listed above

Deadline for Oct. 23 issue of Spotlight is Wed, Oct. 18. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Dianne Schlair, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: **Not Mon 10/16;** Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: **Mon** & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)
	<u>On C Level</u>

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm PDR

**Oct 16 Lecture
A Virtual Tour Through
The 19th Century
Lyndhurst Mansion**

Edward Peducci will take us back in time as he guides us through a virtual tour of the Lyndhurst Mansion, describing the lives of the three families who called it home, from decades before the Civil War through the Gilded Age until 1961.

Ed will highlight the many ways life at Lyndhurst reflected historic events and trends during a critical period in the development of the U.S. He will explain the unique construction process of the mansion, regarded as the finest example of an American home of the Gothic Revival style, as well as the historic landscape and its connections to the Romanticism esthetic that crossed art forms in the 1800s. The unique architectural details and fine examples of European art will be highlighted, including paintings by Courbet, Corot, and Bouguereau.

An educator, tour guide, and world traveler, Ed taught Spanish at Edgemont High School in Scarsdale and has led group tours of Tuscany for decades.

**Oct 16
Foreign Policy Discussion**



The third international issues lecture is sponsored by the Chappaqua Foreign Policy Discussion Group. The speaker will be broadcast into the Gathering Room.

Note: the **program starts at 11 am.** on Mon, Oct. 16.

The topic is “US-Mexico Relations from the Mexican Point of View.” The program will focus on how working-class Mexicans regard Mexico-US relations.

Gaspar Rivera-Salgado, Director of the UCLA Center for Mexican Studies is the guest speaker.

**Oct 20
Meet Raymond Sanchez
Schools Superintendent**

Please join us on Friday, Oct. 20 at 1:30 pm in the Gathering Room. Schools Superintendent Raymond Sanchez will speak about the State of the Schools and plans for capital improvements.

Trips

New Trip

Thu, Nov 9:

**NYC Do Your Own Thing (DYOT)
Trip Will Drop Off at American
Museum of Natural History.**

The museum is Pay-What-You-Wish with NY resident ID. Included special exhibitions are: “Garden in Green” featuring dazzling green gemstones from Van Clef & Arpels; “Extinct and Endangered: Insects in Peril,” featuring macrophotography in large format photos; “What’s in a Name?” explores the history of classification and scientific nomenclature.

Ticketed exhibitions include the butterfly vivarium, a giant screen film on blue whales, the Hayden Planetarium, and “Invisible Worlds,” an immersive 3-D film experience. Permanent exhibitions include: the Halls of Gems and Minerals; Rapa Nui (Easter Islands) Moai Cast; the Alaskan Brown Bear; Fossil Halls; Hall of Dinosaurs; Biodiversity, and Environmental Halls; Earth and Planetary Sciences Halls; Earth and Planetary Sciences Halls; Human Origins and Cultural Halls; Birds/ Reptiles/Amphibians/Mammal Halls; Earth and Planetary Sciences Halls; Human Origins and Cultural Halls; and The Rose Center for Earth and Space.

Lunch is on your own. The Museum Food Court and Cafe on 4 are open.

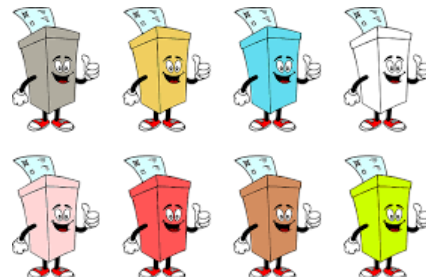
Short Wait List

Oct. 19, Thu: The Dorsky Museum of Art, SUNY New Paltz

Oct. 25, Wed: Neuberger Museum of Art, SUNY Purchase

Oct 30

Meet 2024-25 Candidates for Residents Council



“Meet the Candidates Night” takes place Mon, Oct 30, 7:30 pm in the Gathering Room. With Aubrey H.’s withdrawal, there are now 9 candidates for the 6 open seats on the 2024-25 Residents Council.

Be sure to vote between 5 and 7 pm in the Residents Lounge on either Wed, Nov. 1, or Thu, Nov. 2.

If you will be away on the election days, please request an absentee ballot from Ellen Ottstadt.

Questions? Contact Janet S.

Oct 18 — Hearing Loss

Jessica LaCorte, Supervisor of Audiology at Phelps Hospital, will give a presentation on hearing loss on Wed, Oct. 18 at 10:30 am in the Gathering Room.

She will discuss how hearing loss affects our social interactions, our cognition and our feeling of isolation. She will also talk about the importance of testing, the various types of hearing devices, and other strategies one can use to live with hearing loss.

Please join us with your questions and comments.

The Health & Wellness Committee

Oct 21 Saturday Opera

We will hear the great tenor **Luciano Pavarotti** in several arias which defined his vocal art, with former colleagues Montserrat Caballé, José Carreras, Plácido Domingo, Juan Diego Flóres, and Joan Sutherland paying tribute to his extraordinary career.

Join us in the Gathering Room at 1:00 pm.

Oct 22 — Concert Chamber Players of the Greenwich Symphony

The Chamber Players, the chamber music group affiliated with the Greenwich Symphony Orchestra, return on Sunday, Oct. 22 at 3 pm in the Gathering Room. The program includes music by Franz Schubert, Florence Price, and Anton Arensky. Performing will be: Hector Falcon and Susan Hytken Metcalf, violin; David Creswell, viola; Melissa Westgate and Daniel Miller, cello.

A reception will follow the concert in the Private Dining Room.

Kendal's Own Road Show

Last days for registering if you want to have something appraised at Kendal's Own Road Show on Nov 1.

Information about the event was in your cubbies on Oct. 1. Your replies need to be in this week.

If you need another copy of the form, call or email Marilyn B.

**Welcome Joan & Bob B.
Mary Powell – Sept 18**

Joan B. was introduced to Kendal more than 20 years ago, at an event held at James House before Kendal was built. After Kendal opened, she and Bob attended marketing luncheons to learn about programs and amenities; they moved here last month.

Bob served as an attorney at ITT's Legal Department overseeing financial transactions and public offerings. Joan stopped teaching nursing at NYU when her eldest son was born. Their two sons' families, including four grandchildren, live in nearby Briarcliff Manor and Chappaqua.

Joan is a devoted member of her church's Caring Committee, offering members help, support and transportation to medical appointments.

She and Bob love to travel; They go to Barbados in winter, to Antigua with the extended family during school holidays, and have taken dozens of Tauck Tours. They seem comfortably settling into life in our community.