

The Breakfast Club

Coronary Artery Disease



The Breakfast Club is a series of breakfast meetings designed especially for seniors. Each program includes a free breakfast, a presentation on a healthy lifestyle topic and a light exercise program to improve strength and balance. It's also a great opportunity for older adults to socialize with their peers.

Reservations are required

For more information, please contact Ellen Woods at (914) 366-3937 or email ewoods3@northwell.edu

Important Information:

Date: Thursday, September 13, 2018

Time: 8:30-10:30am

Where: Phelps Hospital- Cafeteria
701 North Broadway
Sleepy Hollow, NY 10591

To Register: Please call Vitality at 914-366-3937

Speaker: Dr. Yan Li, Cardiologist

Phelps Memorial Hospital
701 N Broadway
Sleepy Hollow, NY 10591



Phelps Hospital
Northwell Health®