

November 2018 Vitality Calendar



Mind Games for Fun

Wednesday, November 7 at 2:00pm Board Room/"C" level

Holistic Pain Support Program

Tuesday, November 13 and 20 at 12:00pm 755 Building, 4th floor

The Breakfast Club (Osteoarthritis)

Thursday, November 8 at 8:30am Phelps Cafeteria

Osteoporosis Program (Occupational Therapy)

Thursday, November 8 at 10:45 am Board Room/"C" level

Alzheimer's Support Group

Friday, November 9 at 10:00am 755 Building, Suite 545

Senior Steps (Swallowing Screening)

Tuesday, November 20 from 10:00-11:30am 777 Building, Suite 303
Appointments times are required.

Important Information:

Access the "C" Level through the back entrance of the hospital marked "Auditorium." Proceed down one flight.

The Holistic Pain Support Program is held in the Family Medicine Residency Conference Room.

For more information, please contact Ellen Woods at (914) 366-3937 or email ewoods3@northwell.edu

Phelps Hospital

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