

May 2018 Vitality Calendar



Understanding Your Social Security Retirement Benefits

Tuesday, May 1 at 6:00pm

Auditorium

Mind Games for Fun

Wednesday, May 2 at 2:00pm

Board Room/"C" level

The Breakfast Club (Sleep Disorders)

Thursday, May 10 at 8:30am

Phelps Cafeteria

Osteoporosis Program (Dr. Marchese)

Thursday, May 10 at 10:45 am

Board Room/"C" level

Alzheimer's Support Group

Friday, May 11 at 10:00am

755 Building, Suite 545

Holistic Pain Support Program

Tuesday, May 8 at 12:00pm

755 Building, 4th floor

Afternoon Tea

Monday, May 14 at 2:00pm

Cedar Manor Nursing and Rehab Center

Senior Steps (Medication Review)

Tuesday, May 15 from 10:00-11:30am
Appointments times are required.

755 Building, Suite 225

Women's Health Week

May 15, 16 and 17 - See flyer for details James House

Important Information:

There will be no elevator access to the Board Room/"C" level this month.

Access the "C" Level through the back entrance of the hospital marked "Auditorium." Proceed down one flight.

The Holistic Pain Support Program is held in the Family Medicine Residency Conference Room.

For more information, please contact Ellen Woods at (914) 366-3937 or email ewoods3@northwell.edu

Phelps Hospital

701 N Broadway
Sleepy Hollow, NY 1059

May 2018 Vitality Calendar Continued



Senior Debate

Friday, May 18 at 10:00am

Auditorium

Holistic Pain Support Program

Tuesday, May 22 at 12:00pm

755 Building,
4th floor

Vitality Day

Thursday, May 24 at 10:00am

James House

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Northwell HealthSM