



Events: Week of June 12, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 6/12	10:00 2:00 7:30	Presentation: 2022 Audit Presentation by Jean Eccleston Residents Council Meeting (see agenda p. 6) Kendal Chorale Spring Concert (see p. 3) NO MOVIE	ZOOM GR GR
Tue 6/13	1:30 8:00	Shopping: Tarrytown 9:45 – 11:00/ Thornwood 1:00 - 2:15 Course: “The Incomparable Frank Capra,” Movie: <i>Mr. Deeds Goes to Town</i> ; Instructor: Michael Cramer, Subscription. Movie: <i>The Conformist</i> (1970, 1h 53m) An Italian man, now a fascist flunky, goes abroad to assassinate his old teacher, a dissident.	GR Ch 970
Wed 6/14	5:00 8:00	Sip and Snack Movie: <i>Pirate Radio</i> (2009, 2h 57m) In 1966, hard-partying British DJs run a radio station on a ship, broadcasting banned music.	GR Ch 970
Thu 6/15	1:30 7:30 8:00	Trip: Hopper House, Nyack Movie: <i>Bridge of Spies</i> (2015, 2h 22m) During the Cold War the downing of an American spy plane, and the pilot's capture leads to an intense effort to secure his release. Movie: <i>Trilogy of Ballet: Giselle</i> (1974, 1h 25m) The moving story of a peasant girl's love for deceitful Albrecht. A Bolshoi Ballet production.	GR Ch 970
Fri 6/16	5:00 8:00	Shopping: Shops at Nanuet 9:30-12:00 / Ossining 1-2:15/1:45 -3:00 Sip and Snack Movie: <i>Bridge of Spies</i>: See Thursday's description.	GR Ch 970
Sat 6/17	1:00 8:00	Opera: <i>Manon</i> by Jules Massenet (see p. 4) Movie: <i>Mr. Smith Goes to Washington</i> (1939, 2h 9m) An idealistic senator arrives in D.C., full of plans, despite widespread corruption.	GR Ch 970
Sun 6/18	3:00 8:00	Concert: Ciaran Sheehan, tenor; Sue Anderson, piano (see p.3) Movie: <i>Six Degrees of Separation</i> (1993, 1h 52m) The lives of an affluent NYC couple are intruded upon by a mysterious young black man who is never quite who he says he is.	GR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, “Kaleidoscope”

3:00 pm Mon-Fri, June 12-16: Talk: Kendal Town Hall, June 1, 2023

Sat June 17 repeated Sun 6/18: The World's Greatest Geological Wonders

Lecture 17: Uluru/Ayers Rock – Sacred Nature of Rocks

Lecture 18: Devils Tower – Igneous Enigmas

4:30 pm: Concert: Jazz for All Generations

8:00 pm: Movies as listed above

Deadline for June 19 issue of Spotlight is Wed, June 14 at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: J. Gardy, U. Hahn, S. Kellock, P. Pennell, D. Schlair, C. Spivey

REGULAR WEEKLY ACTIVITIES

Contemporary Issues	Thu 10:00	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts:	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian:	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Sun 7:15 pm	
Open Studio:	Sat 10-12	ART
Poetry Reading	4 th Wed 4:00	CLE 3 rd flr
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Fitness Classes

Stretch/Balance: Mon, Wed, Fri 9:30 (Zoom)
Pilates: Mon & Wed 10:15 & 11:15
Resistance Bands: Mon, Wed, Fri 12:30
Tai Chi: Tue & Fri 10:00
Water Aerobics: Tue & Fri 10:45
Chair Yoga: Tue 12 noon
Zumba Gold: Tue 2:00
Bocce: Wed 1:30
Mat Yoga: Thu 12 noon
Mindful Movement & Meditation: Thu 1:15
Please sign in at classes – name & ext.

Staffed Fitness Center

Mon-Fri, 8:30–3:30

Pool: Mon-Fri, 9:00 –4:00; Sat, 9:00-3:00

Guest swim Mon-Sat 1:00 – 3:00

Fitness Center & Pool closed 12-1

LIBRARY

Librarian on Duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

RESIDENT CARE CENTER

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

LOCATIONS

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

KENDAL DINING

Please send comments to:

diningcomments@kohud.kendal.org



Bistro

Monday – Saturday

Breakfast 8:00 am – 10:00 am

Lunch 11:30 am – 1:30 pm

Coffee and Hot Tea 2:30 pm – 3:30 pm

Dinner 5:00 pm – 7:30 pm

Sunday

Brunch 11:00 am – 1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations required; they can be made for 5:00, 5:30, 6:00, or 6:30 pm. Use Open Table on Residents Website or CATIE, or call front desk x1000.

Please be on Time!

RELIGIOUS SERVICES

Catholic Mass:

Sundays, 12:15 pm GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue. 1:30 pm SUN

Shabbat Services:

2nd & 4th Fri. 4:30 pm PDR

June 18 Concert
Ciaran Sheehan, tenor;
Sue Anderson, piano

Dublin-born Ciaran Sheehan is an acclaimed actor, singer, and voice healer whose performances warm the heart and touch the soul. He has appeared in numerous Broadway productions, including "The Phantom of the Opera" and "Carousel." Pianist Sue Anderson, who directed the Kendal Chorale for several years, has served as a conductor and musical director in "Pirates of Penzance," "Me and My Girl," and "Cats." Ciaran and Sue return to Kendal at 3 pm Sunday, June 18.



July 4 Celebration

KoH will return to the Gathering Room to celebrate the Fourth of July this year, from 7 to 8 pm on the Tuesday holiday. The Kendal Singers, led by Bob S. and accompanied by Linda M., will sing patriotic songs, and there will be a musical tribute to our temporary CEO Steve Fishler.

This year's Fourth of July show will give residents a chance to vote on three possible proposals for "My first action if I were elected President of the United States." Competing candidates are Maria H., Eugene D. and Jon M.

Muriel F., producer of our annual celebration, predicts a lively discussion. She points out that in our 2018 Fourth of July program, our independent-minded KoH residents voted "The Star-Spangled Banner" a dismal third place as our choice for America's national anthem.

Frank N. will read excerpts from our Declaration of Independence, and performers will recite our much-misquoted Bill of Rights.

As always, residents will have several choices for observing nearby Fourth of July fireworks. Those who are sturdy enough to climb to the hilltop of Rockwood Hall may join others in a flashlight procession led by Rita B. at 8:30 pm. From the top of the park one can see an unforgettable display of fireworks. Posters will suggest additional observation locations.

Kendal Chorale Concert
Monday, June 12
7:30 pm – Gathering Room

"Nothing But Blue Skies from Now On" American Medleys and Songs featuring Vivaldi's "Gloria" with the Kendal Music on the Balcony group.

- Nell Macdonald, Conductor
- Mark Mitchell, Accompanist

New Resident's Bio Posted

A biography of Donald B. is now posted on Main Street near the windows opposite the bulletin board.

Opera

By popular demand, the high-spirited but doomed **Manon** by Jules Massenet returns on **Saturday, June 17**. **Anna Netrebko** sings the role of the tragic heroine; **Rolando Villazón** her lover, the Chevalier des Grieux, in a performance by the Staatsoper Berlin conducted by Daniel Barenboim in 2007.

Please meet us in the Gathering Room at **1:00 pm**.

Education Committee 2023 Courses

-Tues, July 11, 18, 25, Aug 1:

"Shakespeare in the Contemporary World," (Kate Farrington)

-Tues, Sept 5, 12, 19, 26: "How the Geological Record of Climate on Earth Unlocks the Chaotic History of the Solar System," (Paul Olsen)

-Tues, Oct 3, 10, 17, 24: "Who Shot the Classic Detective Novel?" (Joanne Dobson)

-Mon., Nov. 6, 20, 27, Dec. 4: "Criminal Law," (David Dorfman)

Courses run from 1:30 to 3:30 in the Gathering Room. Sign-up sheets will be distributed in advance.

Join the Trips Committee

Join a small group of committed hardworking residents who plan and arrange a variety of day trips for the Kendal community to the region surrounding Kendal on Hudson: New York City, the Tri-State Metropolitan area and the Hudson River Valley. For more information call or email Lynn B. Thank you.

Volunteers for the Audio-Visual Committee

The A-V Committee needs a few new members to help us support the education programs at KOH. We set up the laptop and PowerPoint presentations for evening speakers and afternoon short courses, show DVDs occasionally as needed, and pass microphones during question periods. Requires modest technical skills, the ability to stand independently for 30- 45 minutes, and to move freely around the Gathering Room. If interested, please contact Marcia S., or Arthur B.

Reminder

Monday, June 12 at 10:00 AM

is the **2022 Audit Presentation** by Jean Eccleston and her team. Ellen Ottstadt has sent out a Zoom link. If you have not received it, don't hesitate to contact her.

Library News

Events at Warner: You will now find the monthly Calendar of Events and Movies at the Warner Library in stands on the counter as you enter the library.

Eating in the Library: It has been brought to our attention that people are eating in the library. Please note that **no food or beverages** are allowed. They could damage books either directly or by attracting bugs. Thank you for your cooperation.

Sale Books: Just a reminder that the books on the sale shelves are priced at the minimal cost of \$1, but that money helps us buy more books and office supplies. If you forget to bring money with you, please fill out an IOU, put it in the jar and redeem it at your earliest convenience. Many thanks.

Another Poison Ivy Alert

Members of the Horticulture Committee and other residents who discard dried flowers, plants, and other garden debris are warned of **low-growing three-leaf plants** among the grass directly in front of the dump outside the gate to Sleepy Hollow Manor. Someone placed an old tree branch as a divider between the grassy area and the heap; it may mislead residents into stepping close to the dump.

Bob Michael has been informed.

Ursula H.

Trips

Short wait list

Wed, June 21: Walkway Over The Hudson, Poughkeepsie

New Trip

July 13: The Metropolitan Museum of Art/DYOT.

Do your own thing (DYOT) with drop-off at The Metropolitan Museum of Art in New York City. If you wish to visit the museum, you have these options:

- The current special exhibitions include: "Karl Lagerfeld: A Line of Beauty"; "Juan de Pareja, Afro-Hispanic Painter"; "Van Gogh's Cypresses"; "In Praise of Painting: Dutch Masterpieces"; The Roof Garden Commission: Lauren Halsey's full-scale architectural structure of South Central Los Angeles.
- Check the website www.metmuseum.org for other current special exhibitions and permanent exhibitions.

You can also visit the Guggenheim exhibition "Young Picasso in Paris," a small group of paintings and drawings from his formative period around 1900.

Lunch is on your own. The museum cafes and restaurant are open. We will board the Kendal Van promptly at 2:30 pm in front of The Met for the return trip to Kendal.

**Kendal on Hudson Residents Council Meeting
2:00 pm, Monday, June 12, 2023 – Gathering Room
Agenda**

Welcome

Gene D., Chair

Moment of Reflection

Declaration of a Quorum

Approval of Minutes of Residents Council Meeting on April 10, 2023

Remembrance of Residents Deceased since May 8, 2023

Welcome to New Residents

Chair's Report

Gene D.

Director's Report

Steve Fishler

Council Members' and Residents'
Questions and Comments

Other reports

Vice Chair's Report

Treasurer

KoH Board Report

Library Committee

KoH Residents Website

Hildegarde G.

Hank S.

Caroline P.

Suzanne A.

Carlisle S.

Council Members' and Residents'
Questions and Comments

Chair's Closing Remarks

Gene D.

Adjournment

Next meeting:

July 10, 2023

Residents Assoc. Quarterly Meeting

2:00 PM

GR