

July 2018 Vitality Calendar

The Breakfast Club (Palliative Care) Thursday, July 12 at 8:30am	Phelps Cafeteria	Important Information: There will be no Mind Games this month
Osteoporosis Program (Dr. Hellerman Thursday, July 12 at 10:45 am	n) Board Room/"C" level	Access the "C" Level through the back entrance of the hospital marked "Auditorium." Proceed down one flight.
Alzheimer's Support Group Friday, July 13 at 10:00am	755 Building, Suite 545	The Holistic Pain Support Program is held in the Family Medicine Residency Conference Room.
Holistic Pain Support Program Tuesday, July 10 and 24 at 12:00pm	755 Building, 4 th floor	
Senior Steps (Blood Pressure Screening) Tuesday, July 17 from 10:00-11:30am Appointments times are required.	755 Building, Suite 225	For more information, please contact Ellen Woods at (914) 366-3937 or email
<mark>Spirituality</mark> Wednesday, July 25 9:00am	Boardroom	ewoods3@northwell.edu

Phelps Hospital 701 N Broadway Sleepy Hollow, NY 1059

