

VITALITY DAY

Thursday, May 24, 2018

“Engage at Every Age”



Join us for a day of celebration for National Older Americans Month

You're never too old to take part in activities that can enrich your physical, mental, and emotional well-being. Come celebrate the many ways in which older adults make a difference in our communities.

Phelps' Vitality Day celebration will focus on memory care. Activities include a presentation by Dr. Catherine Devons, live music, and musical bingo followed by a luncheon.

All activities take place at the James House on the Phelps campus from 10:00am-2:00pm.

Parking is available at the James House

Important Information:

Reservations are required.

Contact Ellen at 914-366-3937 or
ewoods3@northwell.edu

For more information,
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