

Cancer Prevention Day

February 25, 2021 9am - 12 pm

Sponsored by Northwell Health
Cancer Institute at Phelps Hospital



February is National Cancer Prevention Month. While there is no certain way to prevent cancer, there are certain risk factors that increase the likelihood. You can **TAKE ACTION** to lower those risks through healthy lifestyle choices, getting recommended cancer screenings and vaccinating against certain viruses.

Join us for a morning of virtual activities to learn about cancer risk factors, prevention and screening guidelines and how to, despite the COVID-19 pandemic, ensure you're staying on top of your annual screenings.

9:00-9:10 – Welcome & Introduction
Amy Ferraro Martin, Community Outreach Manager

9:10-9:15 – Meditation
Carol Greiner, Oncology Social Worker

9:15-9:45 – Implications of COVID-19 on Cancer Screening
Connie Bordenga, Cancer Control Strategic Partnerships Manager

9:45-10:45 – Cancer Risk Factors, Prevention and Screening Guidelines/Access
Northwell Health Cancer Institute at Phelps Clinicians

10:45-11:15 – Nutrition Guidelines for Cancer Prevention
Amy Hendler, Senior Clinical Dietitian

11:15-12:00 – Laughter Yoga
Dr. Vinodray Shah

To attend this webinar, visit this link:
<https://zoom.us/j/97415012734?pwd=VWRZclZHdDFudUNwZytCWk9lY1lzUT09>

Passcode: 934737

Telephone # (for audio): 1-646-558-8656
– Webinar ID: 974 1501 2734
– Passcode: 934737

You can register to receive a reminder for the event here: [cancerpreventionday.eventbrite.com](https://www.cancerpreventionday.eventbrite.com). To learn more, call Carol Greiner, MSW, LMSW, OSW-C at 914-366-1661.

Phelps Hospital Northwell Health
701 North Broadway
Sleepy Hollow, NY 10591