

August 2018 Vitality Calendar



Osteoporosis Program (Tai Chi)

Thursday, August 9 at 10:45 am

Board Room/"C" level

Alzheimer's Support Group

Friday, August 10 at 10:00am

755 Building, Suite 545

Holistic Pain Support Program

Tuesday, August 14 and 28 at 12:00pm

755 Building, 4th floor

Senior Steps (Hand Screening)

Tuesday, August 21 from 10:00-11:30am
Appointments times are required.

755 Building, Suite 225

Important Information:

There will be no Mind Games or Breakfast Club this month.

Access the "C" Level through the back entrance of the hospital marked "Auditorium." Proceed down one flight.

The Holistic Pain Support Program is held in the Family Medicine Residency Conference Room.

For more information, please contact Ellen Woods at (914) 366-3937 or email ewoods3@northwell.edu

Phelps Hospital

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