

Celebrate National Skilled Nursing Care Week

Join us for an Afternoon Tea,  
Laughter Yoga, and a  
presentation on Healthy Aging.



**Friday, May 17, 2019 from 2:00pm—4:30pm**

Cedar Manor Nursing and Rehabilitation Center  
61 Stormytown Road, Ossining

**2:00pm—3:00pm: Laughter Yoga**

**3:00pm—3:30pm: Afternoon Tea**

**3:30pm—4:30pm: Healthy Aging, presented by Dr. William Boxer**

To register, please contact Ellen at **(914) 366-3937** or  
**[Vitality@northwell.edu](mailto:Vitality@northwell.edu)**.

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