

Kendal on Hudson



SPOTLIGHT

Events: Week of May 15, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 5/15	11:00 8:00	Meet Sleepy Hollow Mayor Martin Rutyna (see page 3) Movie: <i>He Who Must Die</i> (1957, 2h 2m). After WWI, citizens of a small Greek village play the Passion Play to rebel against Turkish rulers during the 1920s.	GR Ch 970
Tue 5/16	1:30 7:00 8:00	Shopping: Tarrytown 9:45 - 11:00 / Thornwood 1:00 - 2:15 Course: "Musical Adventures with Michael Boriskin: Rachmaninoff at The Piano" (subscription). Trivia Night Movie: <i>Shakespeare Wallah</i> (1965, 2h 2m). Struggling English troupe of Shakespearean actors goes on tour in India. James Ivory directs.	GR GR Ch 970
Wed 5/17	5:00	Sip and Snack Movie: <i>The Tailor of Panama</i> (2001, 1h 49m). Disgaced, amoral British spy blackmails local tailor into stealing secrets from the Panama Canal Commission. Based on John le Carré best-selling novel.	GR Ch 970
Thu 5/18	11:15 3:00 7:30	Trip: Bartow-Pell Mansion Gardens, Pelham Bay Park, Bronx Open Meeting of Dining Services & Dining Advisory Committee Program: Steve Liesman: "The U.S. Economy" (see page. 3)	GR GR
Fri 5/19	5:00 8:00	Shopping: Elmsford 9:30 -10:45 / Ossining 1:00 - 2:15 & 1:45 – 3:00 Sip and Snack Movie: <i>A Cat in Paris</i> (2010, 1h 5m). Little Zoe discovers that her cat Dino moonlights as the companion of Nico, a burglar with a heart of gold.	GR Ch 970
Sat 5/20	1:00 8:00	Opera: <i>Eugene Onegin</i> by Piotr Tchaikovsky (see page 4) Movie: <i>Trading Places</i> (1983, 1h 56 m). Hustler trades places with wealthy investment executive as part of a bet cooked up by the rich, greedy Duke brothers.	GR Ch 970
Sun 5/21	3:00 8:00	Concert: Trio Confero (see page 3) Movie: <i>Day for Night</i> (1973, 1h 56m). François Truffaut's lavish dramedy about a film production as a case of life imitating art.	GR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes "Awakening"

3:00 pm: Mon–Fri, May 15-19: Talk: The Arab Uprising a Decade On: Where Are We Now
Lisa Anderson, 2023

3:00 pm: Sat, May 20, repeated Sun, May 21: The World's Greatest Geological Wonders

Lecture 11: Iguazu Falls – Thundering Waterfalls

Lecture 12: Mammoth Cave – Worlds Underground

4:30 pm: Concert: Piano Recital, Alex Stier, 2022

8:00 pm: Movies: as listed above

Deadline for May 22 issue of Spotlight is Wed, May 17, at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Peggy Pennell, Dianne Schlair, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Sun 7:15 pm	
Open Studio	Sat 10 am-12	ART
Poetry Reading	4 th Wed 4:00	CLER 3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: Mon & Tue 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1 pm

Library

Librarian on Duty Mon-Fri 10-12 & 2-4. Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell

BIS	Bistro
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org



Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 pm

GR

Quaker Meeting:

Sundays, 11 am

RCR

Service of Prayers: 1st & 3rd Tue 1:30 pm

SUN

Shabbat Services: 2nd & 4th Fri 4:30 pm

RCR

May 15: Meet Mayor Rutyna

Newly elected Sleepy Hollow Mayor **Martin Rutyna** (pronounced *Rutna*) will visit Kendal on **Monday**. Please come to the **Gathering Room at 11 am** to learn about his plans for the village.

An automotive consulting executive and village volunteer fireman, Rutyna is a systems expert with degrees in engineering and computer science.

May 18 Program: Steve Liesman: “The U.S. Economy”

As CNBC’s senior economics reporter, **Steve Liesman** reports on all aspects of the economy, including the Federal Reserve and major economic indicators.

Prior to joining CNBC, he served as a senior economics reporter for *The Wall Street Journal*, covering monetary policy, international economics, academic research, and productivity. While at the *Journal*, he worked as an energy reporter and Moscow bureau chief.

On **Thursday**, he will discuss the U.S. economy, the outlook for a recession, the Federal Reserve, interest rates, and inflation. Please join us for this presentation at **7:30 pm in the Gathering Room**.

May 21 Concert: Trio Confero

Trio Confero, consisting of Maksim Shtrykov, clarinet; Anita Balaza, cello; and Misuzu Tanaka, piano, makes its Kendal debut on **Sunday at 3 pm**.

Founded in 2018, the trio brings superb, yet seldom-performed chamber music repertoire for clarinet, cello, and piano to the larger audience. On the program will be works by Carl Fruhling, Ludwig van Beethoven, and Nino Rota. A reception will follow in the PDR.

Trivia Night

The Entertainment Committee of the Residents Council is sponsoring a Trivia Nigh on **Tuesday, May 16**. Starting at **7 pm** with refreshments, we will enjoy a few hours of fun and laughs in the **Gathering Room!** Please join us!

Parkinson’s Disease Support Group

The next meeting of the Support Group will take place on **Wednesday, May 17, at 11 am**, in the **Residents Association Office** on the C Level. For more information, please contact David S.

Dining Services and



Dining Advisory Committee

Open Meeting
to introduce

Project Refresh Dining Plans

Thursday, May 18, 3 pm GR

All Residents are invited

Saturday Opera

On **Saturday, May 20**, we return to Russia for Tchaikovsky's tragic opera **Eugene Onegin**. The principals are Dmitri Hvorostovsky in the title role, Renée Fleming (Tatiana) and Ramón Vargas (Lensky). Valery Gergiev conducts the Metropolitan Opera orchestra in this 2008 performance. Join us in the **Gathering Room at 1:00 pm** and wear a mask.

Trips

Short Wait List

Thursday, May 18: Bartow-Pell Mansion Gardens, Pelham Bay Park, Bronx.

Seats Available

Thursday, June 1: Untermeyer Gardens and Enslaved Africans Sculpture Garden, Yonkers.

New Trip

Thursday, June 15: Edward Hopper House, Nyack.

Built in 1858, the house at 82 North Broadway in Nyack was the childhood home of painter Edward Hopper (1882-1967), where he lived for the first 28 years of his life. The view from his bedroom, the morning light, and the neighborhood were sources of inspiration and influenced his art. The family's house is now a small museum, which preserves Hopper's early works, artifacts, and memorabilia.

Besides the Hopper holdings, we can see "Kibitz & Nosh," an exhibition of photographs of New York City's vanished cafeterias by Marcia Bricker Halperin. The photos recall some of Hopper's most iconic oil paintings.

After the museum visit, we'll have time to relax in a local café before heading home.



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Trip to Home Depot

The Horticulture Committee will sponsor a trip to the Home Depot for residents who wish to purchase plants to beautify their patios or for terrace gardeners. The date for this excursion is **Tuesday, May 23**. The van will make **two trips** - the first leaving from the main entrance at **9:45 am**; the second will leave from the same place at **11:30 am**.

If you wish to come along, please sign up with your name, contact information, and preferred time in the Trip Book at the main desk. Remember, the van only seats 12 so be sure to sign up early!

No Mow May

As you drive or walk around Kendal, you may notice the **No Mow May** signs at the southern end of the property. They celebrate Kendal's participation in this nationwide movement. In the United States, 40 million acres are planted with lawns—the single largest irrigated crop we grow! This represents a huge loss of habitat.

No Mow May supports allowing lawns to grow longer so that flowers embedded in them can bloom. These blooms provide early sources of nectar and pollen for hungry, newly emerging native bees.

Kendal was inspired to try out this idea by Linda M., who herself was inspired by the **Village of Hastings Pollinator Pathway Project**. With its guidance and the whole-hearted support of Bob Michael, Director of Facilities, Kendal can now be proud that it is a No Mow May site. Our participation in this national effort also perfectly dovetails with KoH's new designation as a Certified Wildlife Habitat.

If you prefer neatly trimmed lawns, be patient: mowing will return.

School Board Election

Polls are open for voting in-person on **May 16 from 7:00 am to 9:00 pm** in the cafeteria of **Morse School**. If you are voting by **absentee ballot**, it **must be received** by the school district **before 5:00 pm on May 16** to be counted.

For the School Board, only two candidates, both incumbents, are running unopposed for two open seats.

On the reverse of the ballot, Proposition 1 seeks approval of the proposed 2023-2024 budget, while Prop 2 will establish a new "Child Safety Zone" in Tarrytown, with free school transportation provided.

For more information about the election and budget, go to this school district website page: [Budget Vote/Elections](#).

Looking Ahead: Film Course in June

Michael Cramer, Professor of Film History at Sarah Lawrence College, will return to KoH for his second course titled "**The Incomparable Frank Capra (1897-1991)**." Classes are held in the Gathering Room on Tue, **June 6, 13, 20 and 27, from 1:30 to 3:30 pm**. The four films covered in the course will be screened by the Movie Committee before the individual classes.

If you haven't registered yet, now's the time to do so. Tuition is \$40 for all four sessions; \$15 for an individual class. For more info, call Fran K.



Let's Be Honest

Lately, sections or complete issues of *The New York Times* and *The Journal News* have disappeared again from the newspaper table in the lounge.

Subscriptions to the newspapers (*The Wall Street Journal* subscription is a generous donation by a resident), serve all of us. The interest in news is encouraging, but other residents also wish to read one or the other paper and would be grateful if all sections of the dailies were left on the table. I have taken the liberty of removing them after a week.

Ursula H.