



Events: Week of February 13, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 2/13	2:00 7:30	KoH Residents Council Meeting (See agenda on page 6) Program: <i>Where Do Our Philanthropic Dollars Go?</i> (See page 3)	GR GR
Tue 2/14	1:30 8:00	Shopping: Tarrytown 9:45 - 11:00 / Thornwood 1:00 - 2:30 Course: <i>Homer's Iliad, Books 7-12</i> ; instructor: Dr. Maude Meisel (subscription) <i>D.D.L.J.</i> (1995, 3h 1m). Boy-meets-girl story set during a profound change and unbridled possibility in India. Played for 27 years in Mumbai.	GR Ch 970
Wed 2/15	1:00 5:00 8:00	Trip: David Rockefeller Creative Arts Center at Pocantico, Sleepy Hollow Sip and Snack <i>Portrait of a Lady</i> (1996, 2h 24m). Jane Campion's adaptation of Henry James's novel. Nicole Kidman, Barbara Hershey, John Malkovich	GR Ch 970
Thu 2/16	2:30 7:30 8:00	Open Meeting with Dining Services—all invited (see page 3) Movie: <i>The Worst Person in the World</i> (2022, 2h 7m). Julie weighs artistic passions and professions vs motherhood, and relationships. Movie: <i>Pick of the Litter</i> (2018, 1h 21m). Documentary on training guide dogs for the blind and the human devotion needed to help them learn.	GR GR Ch 970
Fri 2/17	5:00 8:00	Shopping: Tarrytown 9:45 - 11:00 / Ossining 1:00 - 2:15 Sip and Snack Movie: <i>Heart & Souls</i> (1993, 1h 44m). Unhappy businessman finds a new purpose helping a quartet of ghosts fulfill their last wishes.	GR Ch 970
Sat. 2/18	1:00 8:00	Opera: Introduction to <i>Bayreuth Centenary Ring</i> (see page 4) Movie: <i>Every Little Step</i> (2008, 1h 33m). Documentary follows hopeful dancers auditioning for <i>A Chorus Line</i> .	GR Ch 970
Sun 2/19	3:00 8:00	Movie: <i>West Side Story</i> (2021, 2h 36m). Maria, from Puerto Rico, yearns to make a life in NYC, but quickly falls for forbidden fruit: Tony. Movie: <i>La Notte Bianca</i> (1957, 1h 41m). Chance encounter between a man and a woman transforms them from strangers to lovers. Maria Schell, Marcello Mastroianni, Jean Marais	GR

KoH TV Channel 970**Round-the-Clock: Rue des Artistes "Awakening"****3:00 pm:**

Mon-Fri, Feb 13-17: Loss Committee Annual Memorial Service, 2023
Sat-Sun Feb 18-19: The Middle East in the 20th Century
Lecture 9: How Nasser Transformed Egypt and the World
Lecture 10: The Suez Crisis and Cold War in the Desert

4:30 pm: Concert: Thomas Mesa, cello, and Ilya Yakushev, piano, 2023**8:00 pm: Movies** as listed above

Deadline for Feb 20 issue of Spotlight is Wed, Feb 15, at 5 pm. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Peggy Pennell, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Sun 7:15	
Open Studio	Sat 10 am-12	ART
Poetry Reading	4 th Wed 4:00	RCR
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon 10:15 & 11:15; Wed 10:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: no classes week of 2/13

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Cornhole: Wed 1:30

(Fitness Studio classroom)

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Please sign in at classes: name & ext

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool closed 12-1:00pm

Library

Librarian on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030

Locations

All in Mary Powell

BIS	Bistro
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org



Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations required for

waited service at 5:00, 5:30, 6:00 or 6:30 pm.

Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services:

2nd & 4th Fri 4:30 pm RCR

February 13 Program

Where Do Our Philanthropic \$\$\$ Go?



On Monday evening, Feb 13, the Local Charities Committee will host a meeting at 7:30 pm in the Gathering Room. Leaders of three organizations will be on hand to tell us about the work they do to fill the needs of local citizens.

We will meet: Jessica Pacciotti, Director of the Warner Library; Chief John Korzelius and Captain Martin Rutyna of the Sleepy Hollow Fire Department; and Jared Kmiotek and Wendy Yanceu, President and Vice President, respectively, of the Sleepy Hollow Police Benevolent Association.

Be sure to attend and learn firsthand how your generous contributions to the Council's Annual Appeal are making a difference in our local community.

DINING ADVISORY COMMITTEE



OPEN MEETING

with

DINING SERVICES

Thursday, February 16, GR – 2:30 pm

ALL RESIDENTS INVITED!

March Course Announcement



On Tuesdays, March 7, 14, 21, and 28 – from 1:30 to 3:30 pm – Dr. Morgan Ridler will lead a course on “The Bauhaus, A Revolutionary School,” in the Gathering Room. The four sessions will cover the origins of the Bauhaus, Weimar Expressionism, Dessau Bauhaus (architecture, industrial design, photography and more), and the end of the German Bauhaus and legacy of the School.

Sign-up sheets have been distributed. Tuition is \$40 for all four sessions, or \$15 for an individual class. For more information, contact Fran Kelly.

Trips Committee Announcement



Beginning March 1, residents who participate in Trips-Committee-sponsored trips will have to share transportation costs. We won't know what the cost will be until mid March when the budget is approved by the Residents Council.

Lynn Brady, Chair, Trips Committee

Saturday Opera: Bayreuth Ring Cycle



Richard Wagner's *Ring of the Nibelung* returns to Kendal, this time in Patrice Chéreau's groundbreaking centenary production performed in Bayreuth from 1976 to 1980 and conducted by Pierre Boulez.

A small program change on **Sat, Feb 18** (*Carmen* will be rescheduled) allows us to present an **introduction** that includes Chéreau, Boulez, the singers Gwyneth Jones and Donald McIntyre; RW's grandson Wolfgang Wagner, his great-granddaughter Friedelind Wagner, and the TV director Brian Large. **Das Rheingold** follows on **Sat, Feb 25**.

Due to the length of the three main operas, each will be shown in two parts as follows: **Die Walküre: Sat, Mar 4, & Sun, Mar 5; Siegfried: Sat, Mar 11, & Sun, Mar 12; Götterdämmerung: Fri, Mar 17, & Sat, Mar 18.**

The individual operas will be announced again in future issues of **Spotlight** and posted on all bulletin boards.

Meet us in the Gathering Room at 1:00 pm as usual and wear your mask.

TRIPS

Wednesday, Feb 15, 1 pm:

David Rockefeller Creative Arts Center
at Pocantico, Sleepy Hollow

New Trips

March 16, Thursday: The Hudson River Museum, Yonkers

An afternoon trip to The Hudson River Museum. Currently on view are "The Bierstadt Brothers: Paintings and Photography"; "Frederick J. Brown: A Drawing in Five Parts"; "Matrix: Prints by Women Artists, 1960-1990"; and "In Exaltation of Flowers: Edward Jean Steichen." Also see "Collection Spotlight: The Hudson River School." For more information, see the website: www.hrm.org.

Participants will be free to enjoy the exhibits on their own. (No docent tour or visit to the adjacent property Glenview at this time.) A transportation charge (amount to be determined) will apply.

May 3, Wednesday: White Plains Performing Arts Center

We will see a live performance of the show "Miss Saigon" at the White Plains Performing Arts Center. Boarding the Kendal Van is at 1:00 PM for the matinee show. Please have your lunch at Kendal before boarding.

Soon to Be Your New Kendal Neighbors

Donald Butt: Alida 4313

Donald Butt's move from Manhattan into his Alida apartment is planned for Feb 15-16. For many years, he worked in the river towns along the Hudson as a licensed real estate professional for Houlihan Lawrence, based in Irvington. He says he appreciates the special beauty of each of the towns.

Sadly, Donald's grand piano will not be moved to Kendal, but he plans to explore the possibility of acquiring an electronic keyboard. His love of music has included a subscription to the Metropolitan Opera, though Covid has prevented full use of the subscription so far this season. However, he did attend a concert recently to see the new David Geffen Hall at Lincoln Center. Closer to home, he serves as the organist at the Church of St. Barnabas also in Irvington.

With the opportunity to enjoy walks in the nearby parks, Donald is looking forward to his move to Kendal.

Marjorie Gilbert, Alida 4219

Marjorie Gilbert plans to move from her home in Croton-on-Hudson to her Alida apartment on Friday, Feb 17.

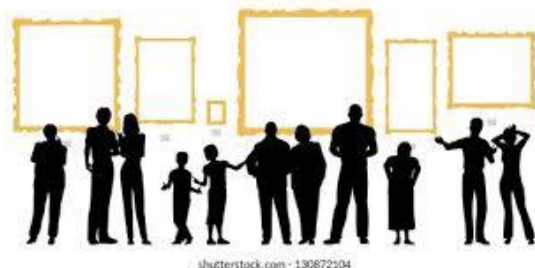
The third generation in her family to be born in Croton, where she's lived all her life, Marjorie has many cousins in the area. She remembers when KoH's construction began many years ago and thought then that the concept of a life care community sounded right for her.

For more than 30 years, Marjorie commuted to NYC for her work as a portfolio manager for Citibank's private bank.

In earlier times Marjorie enjoyed playing tennis; right now she's curious about table tennis. She also enjoys reading and is active in her church, serving as Chair of the Liturgy Committee and as Chair of the Finance Council.

Margorie is so pleased with the welcome she's received here at Kendal. Everyone gives her a big smile and a warm hello.

Upcoming Art Show on the Rue des Artistes



Theme: Legacy

Dates: April 25 – September 29, 2023

This is the first announcement to let residents and staff know the theme for the next art show and give them time to prepare their submissions. What kind of submissions? Well, think assemblages, paintings, drawings, fiber arts (not wearable arts), sculpture, photography—whatever hangs on a wall or fits in a case.

Look for details in future issues of Spotlight.

Curators: Judy Baker, Lynn Brady, Ann Holloway, Peter Sibley