



Events: Week of December 11, 2023

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 12/11	10:00 2:00 7:30	Foreign Policy Discussion: "Italian Foreign Policy" (see p. 3) Residents Council Meeting (agenda see p. 6) Program: Nadine Strossen, "A Conversation about Current Free Speech Controversies." (see p. 3)	PDR GR GR
Tue 12/12	8:00	Shopping: Tarrytown 9:30–11:00 & 1:00–2:30 Movie: <i>Bruce Almighty</i> (2003, 1h 41m). Whiny news reporter gets chance to step into God's shoes.	Ch 970
Wed 12/13	5:00 8:00	Sip and Snack: Celebrating December Birthdays Movie: <i>The Gathering Storm</i> (2002, 1h 36m). Winston Churchill before WWII, when only he saw threat posed by Hitler and rearmament Germany.	GR Ch 970
Thu 12/14	9:30 7:30 8:00	Trip: DYOT/Metropolitan Museum of Art, NYC Movie: <i>Rustin</i> (2023, 1h 46m). Activist Bayard Rustin faces racism and homophobia as he organizes the 1963 March on Washington. Movie: <i>Singing in the Rain</i> (1952, 1h 43m). Silent film star falls for chorus girl while transitioning to talkies in 1920s Hollywood.	GR Ch 970
Fri 12/15	5:00 8:00	Shopping: Thornwood 9:30–10:45; Ossining 1:00–2:15 & 1:45–3:00 Sip and Snack Movie: <i>Bombay Talkie</i> (1970, 1h 52m). Lonely, self-absorbed English writer arrives in Bombay to film one of her novels. By Merchant-Ivory.	GR Ch 970
Sat 12/16	1:00 8:00	Opera: <i>Elektra</i> by Richard Strauss (see p. 3) Movie: <i>Camille Claudel</i> (1988, 2h 55m). Rodin hires Claudel as assistant. She herself begins to sculpt and becomes his mistress.	GR Ch 970
Sun 12/17	3:00 8:00	Movie: <i>Pennies from Heaven</i> (1981, 1h 48m). During the Great Depression, sheet-music salesman seeks to escape his dreary life. Movie: <i>Ziegfeld Follies</i> (1945, 1h 50m). The late impresario Ziegfeld looks down from heaven and ordains a new revue in his grand old style.	GR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, "Kaleidoscope"

3:00 pm: Mon-Fri, Dec 11-15: Talk: Egypt, the Middle East and the USA: Misreadings and Missed Opportunities, 2023

3:00 pm: Sat, Dec 16, & Sun, Dec 17: **The History of the Supreme Court, Part 3**

Lecture 31: The Court Faces Affirmative Action

Lecture 32: Down from the Pedestal, Out of the Closet

4:30 pm: Concert: SUNY Purchase Conservatory Chamber Music Students, 2023

8:00 pm: Movies as listed above.

Deadline for the Dec. 18 issue of Spotlight is Wed, Dec. 13. Type or print submissions and email to:

Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian (no class 12/14)	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15	RCR
	Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center

Mon–Fri, 8:30–3:30

All classes are subject to change

Fitness Classes

Stretch & Balance: Mon, Wed, Fri 9:30 (Zoom)

Pilates: Mon & Wed 10:15 & 11:15

Resistance Bands: Mon, Wed, Fri 12:30

Tai Chi: Tue & Fri 10:00

Water Aerobics: Tue & Fri 10:45

Chair Yoga: Tue 12 noon

Zumba Gold: Tue 2:00

Bocce: Wed 1:30

Mat Yoga: Thu 12 noon

Mindful Movement & Meditation: Thu 1:15

Pool: Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

Fitness Center & Pool are closed 12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

Library Catalog:

librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call ext 1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon, 9 am – noon

For additional services, call x1030.

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)
	<u>On C Level</u>
ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays 12:15 pm GR

Quaker Meeting:

Sundays 11:00 am RCR

Service of Prayers

1st & 3rd Tuesday 1:00 pm SUN

Shabbat Services:

2nd & 4th Friday 4:30 pm PDR

Monday, December 11
Program: Nadine Strossen
“A Conversation about Current
Free Speech Controversies”
Gathering Room at 7:30 pm

Nadine Strossen, NY Law School Professor Emerita and Senior Fellow at the Foundation for Individual Rights and Expression (FIRE), was national President of the ACLU from 1991 to 2008.

An internationally acclaimed free speech scholar and advocate, who regularly addresses diverse audiences and provides media commentary around the world, Strossen’s most recent books about free speech are: *Free Speech: What Everyone Needs to Know*® (2023); and *HATE: Why We Should Resist It with Free Speech, Not Censorship* (2018), both published by Oxford University Press.

Note: both books will be available for purchase (and autographing) for \$10 each (cash only, please). Strossen is also Host and Project Consultant for *Free To Speak*, a 3-hour documentary film series distributed on public television in 2023. This year she received the National Coalition Against Censorship’s Judy Blume Lifetime Achievement Award for Free Speech.

Kendal Residents **Ellen L.** and **Hubert H.** will join Nadine Strossen in this conversation about free speech.

Trips

Wait List:

Thursday, December 14: DYOT/Metropolitan Museum of Art, NYC

Tuesday, December 19: Untermyer Gardens Holiday Lights, Yonkers

Monday, December 11
Foreign Policy Discussion
Private Dining Room at 10:00 am

During the final Zoom lecture sponsored by the Chappaqua Foreign Policy Discussion Group, Giovanna De Maio, a visiting fellow with George Washington University’s Institute for European, Russian, and Eurasian Studies, will discuss how Italy views its security issues and transatlantic relations, with a particular focus on NATO, Russia, and the EU.



Saturday Opera
Gathering Room, December 16
1:00 pm

The year’s last opera on DVD is ***Elektra*** by **Richard Strauss**. We will see a performance from 1994 with **Hildegard Behrens** in the title role; **Deborah Voigt** as her sister Chrysothemis; **James King** as their brother Orestes, **Brigitte Fassbaender** as their demented mother Klytämnestra, and **Donald McIntyre** as the latter’s lover Aegisthus. **James Levine** conducts the Metropolitan Opera orchestra.

Be Prepared for New Year's Eve!

Make your plans early for this year's gala **New Year's Eve celebration** on **Sunday, December 31**. Seating for the Gathering Room show will be from 7:30 to 8 pm. Get your evening outfits and jewelry ready! Men are encouraged to wear Black Tie if their tuxedo still fits.

Muriel F., chairing this celebration for the 13th time, reports that a new treat has been added to this year's party: We'll mingle before the show from 6:30 to 8 pm for punch and light snacks in the Residents Lounge, thanks to the **staff** of Dining Director **Fred Coppola**.

A large crowd is expected. **Attention residents with mobile devices:** you are reminded to display your name prominently on your device, so that the Ushers Committee headed by **Bob K.** can re-connect you with your device promptly after the show. Enter on the left side (left facing the stage) for easy seating. **Residents in wheelchairs:** please enter on the right side, where ushers will escort you to sit along the wall on the right.

The **Kendal Singers**, led by **Bob S.** and accompanied by **Linda M.**, will open the program promptly at 8 pm. Songs include a special tribute to **Jean Eccleston**, our Executive Director. **Sylvia H.** will lower our traditional Glittering Ball as we shout out "Happy New Year" at Kendal Midnight (9 pm).

After the show, we'll enjoy a lavish champagne and caviar reception in the Residents Lounge. Kendalites agree that this is "the year's most festive event," with décor and refreshments offered by an energetic Party Committee headed by **Marianne B.**

Bob S. will again lead a Singalong of old-time songs in the PDR at 9:45 pm.

Great Courses Weekend Programs on Channel 970

Starting the weekend of **December 30/31**, we begin a new 24-lecture series, "The U.S. Constitution through History," led by **Eric Berger**, Distinguished Professor of Law at the University of Nebraska College of Law.

The U.S. is founded on a group of rich and diverse ideas that are sometimes in tension with one another. If there is a place one can go to locate the content of those ideas, it is the U.S. Constitution and the intricate body of laws, traditions, and norms that comprise our constitutional heritage. Shown on **Saturdays and Sundays from 3 to 4 pm**, this is a course in intellectual history entwined with political, social, cultural, and military history.

Holiday Gift Bags on Sale One Evening Only!

Colorful, handcrafted holiday gift bags will be sold in the Residents Lounge on **Monday, December 18**, between **5:30 and 6:30 pm**. They are \$5 each, and the sale will benefit the activities of the Tuesday Morning Club. Cash, check, or IOU..

Ellen Ottstadt Advises:

If you'd like to know the KoH COVID statistics, please call Ellen, ext 1080.

If you'd like a printed **Spotlight**, help yourself to a copy at the front desk.

**SSAFE Open Forum
Tuesday, December 12, 2:30 pm
Gathering Room**

We're excited to welcome **Mary Burton** and **Ted Wolner**, the Co-chairs of SSAFE (Senior Stewards Acting for the Environment), a 501c3 organization that connects Kendal residents from across the country to share research, case studies and strategies to move us toward a more sustainable future.

Mark day, time and venue in your calendar.

All are welcome

Ted and Mary are also inviting residents to share breakfast, lunch or dinner with them in the Bistro on **December 11 or 12**.

To reserve a space, check the schedule and **sign up** in the Activities Alcove by the Computer Room.

To register as an individual member (it's free!) go to the **website www.ssafeforum.org** and explore the many useful online resources.

For additional info or questions, contact:
Betsy U. or Anne W.

**Pickup of Clothing Donations
Resumes**

GreenDrop will pick up clothing, shoes, accessories, and linens early on Tuesday morning, December 19.

Please **leave your closed bags/closed cartons marked PH** (for Purple Heart Foundation) **at the Mary Powell curb** (left side as you leave the building) after dark on **Monday evening, December 18**.

No open shopping bags!

Call Ursula if you need receipt for income tax purpose.

Pace University Documentary Films

Kendal residents who have seen the award-winning documentaries produced by Pace University students, including ***For the Love of Food*** most recently, never cease to be impressed by the talents and ingenuity of these young people and of the staff supporting them.

You will be delighted to know that these documentaries can be watched on YouTube by using the following link:

<https://youtube.com/@pacedocs807>

Also good to know: the Jacob Burns Film Center showcases each documentary when it is released in May.

Looking Ahead



Charlotte von Hardenburgh
"A Dark, A Light, A Bright"
The Designs of Dorothy Liebes
and Shirley Wu-Zanger

**Sunday, January 14, 3:00 pm
In the Gathering Room**