



June 13, 2016

Mon 6/13	9:45	Shopping: Tarrytown - return 11:30	GR GR
	2:00	Shopping: Tarrytown - return 3:30	
	3:00	Residents Council Meeting	
	7:30	Program: <i>Rockwood Hall, Past, Present and Future</i> , Susan Antonen, Chris O'Blenness and Cody Beck (see page 3)	
Tue 6/14	9:45	Shopping: Tarrytown - return 11:15	GR GR
	1:30	Film Class w/Marilyn DeRight. Movie now "Bagdad Cafe". This is a whimsical, odd and charming movie; a rarely seen gem!	
	2:00	Shopping: Ossining - return 3:30	
	7:30	Movie: "Of Human Bondage" (1934 83m). Bette Davis, Leslie Howard. Classic drama.	
Wed 6/15	9:45	Shopping: Tarrytown - return 10:45	GR
	7:30	Movie: "Bringing up Baby" (1938 102m) Katherine Hepburn, Cary Grant. Screwball comedy.	
Thu 6/16	9:45	Shopping: Ossining - return 11:30	GR
	2:00	Shopping: Tarrytown - return 3:30	
	7:30	Movie: "The Water Diviner" (2015 111m) Russell Crowe. WWII drama.	
Fri 6/17	9:45	Shopping: Thornwood - return 11:15	GR
	2:00	Shopping: Ossining - return 3:30	
	7:30	Movie: "The Last Hurrah" (1958 2hrs) Spencer Tracy. Drama.	
Sat 6/18	7:30	Movie: "The Color Purple" (1985 153m) Whoopi Goldberg, Danny Glover. Social issues drama. Dir. by Spielberg.	GR
Sun 6/19	3:00 only	Movie: "Chicago" (2002 113m) Renee Zellweger, Catherine Zeta-Jones, Richard Gere. Musical.	GR

KOH TV, Channel 1970 NO MOVIES UNTIL FURTHER NOTICE!

We regret that the suspension of Channel 1970 is likely to continue for a few weeks yet due to circumstances beyond our control!

Reminder: **Deadline for the 6/20 Spotlight issue is Wed. 6/15 at 5 p.m.**

Type or print submissions and email to: Spotlight@kohudres.org OR place in Spotlight cubby. Please include your name and the issue date with all submissions, and, when using the cubby, mark item "Spotlight". **Editors:** Jane Beers, Peter Bermas, Doris Eder, Claire Limmer, Peggy Pennell, Bill Seligman, Marian Weinberg, Twink Wood.

Committee Meetings

None reported

Regular Weekly Activities

Art Activity (Beginners +) Sat 10-12 AR
Bell Ringers Resumes in Sept
Chorus Resumes in Sept
Circle Group 2nd Thurs 1:30 RAO
Faith Discussion Thurs 10:00 PDR
French Conversation Mon 3:30 apt 3211
Painting Class Thurs 10-12 AR
Poetry Reading 4th Wed 11:00 CL3
Shakespeare Tues 4:00 apt 3103
Story Reading Wed 6/22 3:00 ACK

Note: special date this week

Tues Morning Club Tues 10-12 PDR

Fitness Classes

All classes take place in the Fitness Studio on the T Level and are subject to change!

Pilates (Chair) Mon 11:00, Tues/Fri 11:15
Pilates (Mat) Wed 11:15, Fri 10:00
Standing Stretch/Balance Mon-Fri 9:00
Stretch/Strength Sat 10:00
Tai Chi Tues 10:00, Thurs 11:15
Tai Chi (Chair) Wed 10:00
Water Aerobics Mon, Wed 10:15 Pool
Yoga (Mat) Thurs 9:45
Yoga/Mindful Meditation Mon 2:00

POOL OPEN MON-SAT 9:00-3:30

closed for lunch 12:15-1:00

Lap Swim 9-10 daily

Please pre-register guests, if possible, ext 1037.

SLIM GYM 2

WEIGH-IN AND WEIGHT-LOSS TIPS

Mon 6/13 12:15 FL

To register, please call Cathy diSomma

QUESTIONS?? PLEASE CALL
CATHY DISOMMA X 1038

LOCATIONS

ACK Adirondack Country Kitchen
ACR Adm. Conf. Rm. Level C nr bridge
AR Art Room
BI Bistro
CL3 Clermont 3rd floor lobby
CLW Clearwater
CW Craft Room (Level C)
FS Fitness Studio
FDR Formal Dining Room
FL Fitness Lobby
GR Gathering Room
PDR Private Dining Room
RA Rue des Artistes
RAO Res. Assn. Office - C level near Clermont bridge
RCC Res. Care Ctr - T Level nr Cul de Sac
SNY Sunnyside
TR Terrace

KENDAL HOURS

REGULAR DINING - Mon-Sat

Breakfast 8:00-9:30
Lunch 12:00-1:30
Dinner (Bistro) 5:30-7:30
(Formal Dining) 5:30-6:30

These are entering hours for dinner.

BISTRO: Sunday

Continental B'fast 8:00-9:30
Brunch 11:30-2:30

No evening meal service.

LIBRARY

Open 24-7

Librarian on duty Mon-Fri 10-12 and 2-4

RESIDENT CARE CENTER

Open Mon-Fri 8:00-4:00

(Sat. for Nurse Practitioner call x 1000 - Front Desk). Lab Room, call ext 1030 for appointment.

ARCHIVES

Until further notice, the Kendal Residents' Archives Committee is inactive and can provide no information.

RELIGIOUS SERVICES

Catholic Mass:

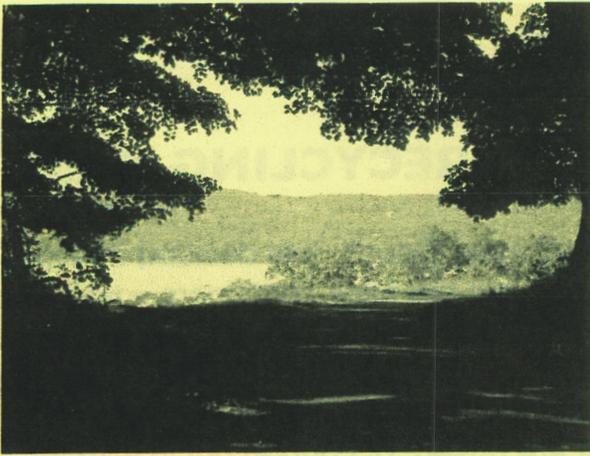
Sundays, 8am, 12n TV channel 285

Sundays, 11:00 GR

Episcopal Evening Prayer:

1st & 3rd Tues, 1:30 pm CLW

Shabbat Service: 2nd Friday 4:30 CLW



Rockwood Hall Talk

Mon., June 13 - 7:30 - Gathering Rm

We live right next to Rockwood Hall, part of the Rockefeller State Park Preserve, donated to the state by (name-dropping alert) the Rockefellers and designed for William Rockefeller by Frederick Law Olmstead. Today, all that remains of William's 100+ room home are a level terrace and some impressive walls. What remains of Olmstead's creation are the hills and meadows of the property, amazing trees, carriage trails needing upkeep -- time, storms, and invasives have done their work.

If you've been walking along the trails recently, you have probably seen the sheep, dozing in the shade. Maybe you've followed the progression of wild flowers blooming this spring. Maybe you've sat on a bench facing the river watching the boats or looking for bald eagles. Or, in your bed at night, you've been awakened by the strange barking of the coyotes living there.

Monday night, June 13, our speakers will be **Susan Antenen**, Rockefeller State Park Preserve Manager, **Chris O'Blenness**, Livestock Manager of Stone Barns Center, and **Cody Beck**,

Seasonal Sheep Herder. They will bring us up-to-date on what's going on at Rockwood Hall and the Preserve this summer, including new treatments for destructive invasive vines, the sheep that are living nearby for the summer, and other news.

Treasurer's Lock Box Relocated to Residents Assn. Office, C Level

Committee chairs and committee treasurers will find the lock box, along with deposit and check request forms, located on the west wall outside the Residents Association Office on the C level.

Save the Dates - July Music Course with Michael Boriskin

Pianist Michael Boriskin returns for another stimulating music course next month. His topics:

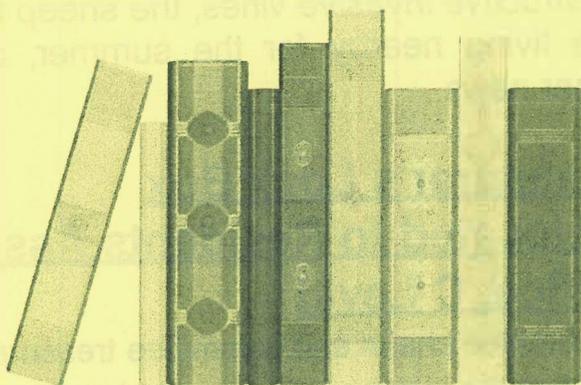
July 5: *BEYOND APPALACHIAN SPRING: AARON COPLAND, KNOWN & UNKNOWN*

July 12: *CLAUDE DEBUSSY: MAGIC, MYSTERY, AND ANARCHY*

July 26: *MADMAN OR GENIUS? BEETHOVEN'S LATE STRING QUARTETS*

A sign up sheet will be distributed soon. Mr. Boriskin has served as Artistic and Executive Director of Copland House since 1998, and has become a regular lecturer at Kendal.

Library News



Do you like to consider both sides of a question?? Check the Library News Table in the “Lounge” (outside the FDR). We now have the WALL STREET JOURNAL in addition to the “New York Times”. These exceptionally informative newspapers are for all. Do not remove them (even temporarily). Thanks.

Sue Adel and Topsy Preus, Co-chairs



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RECYCLING NEWS

Westchester County has decided that we can recycle our juice containers – you know, the ones that look as though they are paper coated with plastic. Before, these needed to go into the trash. Now they can be (after they are rinsed, of course) put in with the plastic, metal and glass. The plastic caps, which don't normally have a recycling number on them, may be put in with them. What excellent news! Another reduction in our general trash stream.

The Computer Committee has agreed to take used print cartridges to be recycled. There is a box across from the new Computer Room, near the Residents Lounge.

Westchester County still does not recycle Styrofoam. If you are able to use the green plastic bins from the Bistro for taking food back to your apartment rather than the Styrofoam containers, please do so! Kendal pays hundreds (thousands?) of dollars each year to have our trash hauled away. Whatever we can do to reduce that volume helps Kendal balance the budget without raising our monthly fees more than necessary. The contribution that each resident makes to recycling is important.

If you have further questions, please call me or leave a note in my cubby. I have a one page (both sides) sheet that gives recycling information. If you would like an electronic or hard copy, email me or leave a message on my phone or a note in my cubby. Many thanks for paying attention.

Deb Wood



TRIPS

New Trips

Fri, July 8, Lyndhurst, Tarrytown:
Outstanding Gothic Revival mansion designed by Alexander Jackson Davis, architect, in 1838 on a 67-acre landscaped estate overlooking the Hudson, a recently renovated National Trust property; original decorative arts and furniture by Davis, Herter Brothers and Tiffany; built for William Paulding, former mayor of New York, doubled in size for merchant George Merritt and later owned by railway magnate Jay Gould; first floor is wheelchair accessible but not the second floor

Wed, July 13, Sleepy Hollow Tour led by Mayor Ken Wray: Morning tour focusing on the village's history, current demographics and the huge changes the village is about to undergo due to riverfront developments; its purpose is to give Kendal residents a sense of who their neighbors are, what various neighborhoods look like (from high to low income with demographics), and to highlight upcoming changes; stops will be made at Village Hall (orientation on riverfront developments), River's Edge and new pedestrian pier, Lighthouse, Edge of Hudson site, restored bathhouse in Kingsland Point Park and Old Croton Aqueduct/Gorey Brook Road

Space Available/Short Wait List

Wed, June 22, Walkway over the Hudson from Highland to Poughkeepsie:
panoramic views from 212 feet above the river while strolling 1.28 miles across the

former railway bridge, now a popular state park; wheelchair accessible; the van meets everyone on the other side; optional 21-story, glass elevator ride between the river level and the bridge; priority is given to residents who have not taken this trip

Sun, Aug 7, Late-afternoon concert at Caramoor Music Festival in the Venetian Theater, Katonah: Orchestra of St. Luke's, conducted by Pablo Heras-Casados with virtuoso violinist Gil Shahan, in an all-Brahms program: Violin Concerto in D major and Symphony No. 2 in D major; transportation by private car

Sign up in the Trips Book in the hall between the Computer Room and the Gathering Room side exit.

DIGITAL HELP SESSION



Come learn from Hackley School student and Computer Committee volunteers.

Bring your *charged* smart phone, tablet, or laptop, and your *password*, to a free Computer Committee Digital Help Session, Saturday, June 18, from 2:00 to 4:00 p.m., Residents Association Office on C Level near Clermont Bridge.

Space is limited, so sign up at Front Desk.

**Kendal on Hudson
Residents Council Meeting
Monday, June 13, 2016
3:00 PM - Gathering Room**

Agenda

Period of Silence

**Approval of minutes of Residents Council Meeting of May 9,
2016**

Reports

Chair's Report

Investment Committee Report

Treasurer's Report

Management Report

Kendal on Hudson Board Report

Fran Kelly

Tom Loemker

Bill Smethurst

Pat Doyle

TBA

Discussion Agenda

Staff Appreciation Fund

Election Committee

Fourth of July Celebration

Summer Sings

Dot Bone

Valerie Wallace

Muriel Fox

Doris Appleby

Residents' Comments

Executive Session

Adjournment

Future Meetings

**Council Meeting (summer) - Mon., July 18, 2016, 3 PM, GR
Residents Association Quarterly Meeting: Mon., July 25, 2016,
7:30 PM, GR**