

Kendal on Hudson SPOTLIGHT

Events: Week of May 20, 2024

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 5/20	7:30	Program: Patrick Raftery, “Westchester County Historical Society’s 150 th Anniversary: Treasures & Triumphs” (see p 3).	GR
Tue 5/21	1:30 8:00	Shopping: Tarrytown 9:45-11:00 & 1:00-2:15 Class: Mozart’s Piano Concerto in D Minor,” instructor Michael Boriskin (subscription). Movie: <i>Sweet Charity</i> (1969, 2h 23m). Shirley MacLaine gives one of her greatest performances in this spectacular musical based on Neil Simon’s Broadway hit.	GR Ch 970
Wed 5/22	5:00 8:00	Sip and Snack: May Birthdays Celebration Movie: <i>Two English Girls</i> (1971, 2h 10m). A darkly beautiful love story centering around one man’s romantic affairs with two sisters.	GR Ch 970
Thu 5/23	9:30 7:30 8:00	Trip: Loeb Gallery at Vassar College, Poughkeepsie Movie: <i>The Sixth</i> (2024, 1h 46m). Gripping documentary chronicles the 2021 attack on the U.S. Capitol. Movie: <i>Partners In Crime</i> (2015, 55m). Agatha Christie’s crime-fighting duo Tommy and Tuppence solve mysteries and search for enemy spies in 1950s Britain.	GR Ch 970
Fri 5/24	5:00 8:00	Shopping: Thornwood 9:30-10:45 / Ossining 1:00–2:15 & 1:45–3:00 Sip and Snack Movie: <i>Stagecoach</i> (1939, 1h 37m). Nine disparate travelers are thrust together on a stagecoach destined for Apache territory...and movie immortality. As the Ringo Kid, director John Ford cast a lanky veteran of 70 B-movies, serials and shorts, named John Wayne.	GR Ch 970
Sat 5/25	1:00 8:00	Opera: <i>Rodelinda</i> by G.F. Handel (see p. 5). Movie: <i>Ocean’s Eleven</i> (1960, 2h 7m). New Year’s Eve in Las Vegas. Roulette wheels spin, cards snap, slots chime, champagne fizzes, and the shows go on.	GR Ch 970
Sun 5/26	8:00	Movie: <i>Anesthesia</i> (2015, 1h 30m). Multiple lives intersect in the aftermath of the violent mugging of a Columbia University philosophy professor.	Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, “Kaleidoscope”

3:00 pm: **Mon - Fri,** **May 20-24:** Skit Night: “Hams on the Hudson,” 2024
Sat & Sun, **May 25 (repeated) May 26:**
Great Courses: “How Churchill Changed the World”
Lecture 17: Churchill and Stalin
Lecture 18: Debating Churchill’s Wartime Leadership

4:30 pm: **Concert:** “Hooray for Hollywood,” 2019

8:00 pm: **Movies,** as listed above

Deadline for May 27 issue of Spotlight is Wed, May 22. Type or print submissions and email to:
Spotlight@kohudres.org or place them with your name in the Spotlight cubby. *Editors:*
Mimi Abramovitz, Jennifer Gardy, Ursula Hahn, Sally Kellock, Pam Mitchell, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00.	CLE3
Quilting	1 st & 3 rd Wed 2-4	CRA
Spanish	Fri 11	RCR
Tuesday Morning Club	Tue 10-12	GR

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)

On C Level

ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Staffed Fitness Center Mon-Fri 8:30-3:30

All classes are subject to change

Fitness Classes

Stretch & Balance:	Mon, Wed, Fri, 9:30 (Zoom)
Pilates:	Mon & Wed 10:15 & 11:15
Resistance Bands:	Mon, Wed, Fri 12:30
Standing Movement:	Thu 10:00
Tai Chi:	Tue & Fri 10:00
Water Aerobics:	Tue & Fri 10:45
Chair Yoga:	Tue 12 noon
Zumba Gold:	Tue 2:00
Bocce:	Wed 1:30
Mat Yoga:	Thu 12 noon
Mindful Movement & Meditation:	Thu 1:15
Pool:	Mon-Fri, 9-4, Sat 9-3
Guest Swim:	Mon-Sat, 1-3
Fitness Center & Pool closed 12-1 pm	

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog ([active link](https://www.librarycat.org/lib/2blackcats))

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Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)
Call x1030 for appointment.

Services

Blood Pressure Clinic:

2nd & 3rd Mon, 8-noon

Bloodwork: Wed from 7:45 am

Drug Take-Back Days: 1st Mon 9 am-noon

For additional services, call x1030

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00 am-10:00 am

Lunch 11:30 am-1:30 pm

Coffee and Hot Tea 2:30 pm-3:30 pm

Dinner 5:00 pm-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00 pm – 7:30 pm

Reservations

required for waited service at 5:00, 5:30,
6:00 or 6:30 pm. Use Open Table on
Residents website or CATIE, or call front
desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services

2nd & 4th Fri 4:30 pm PDR

May 20 Program



“Westchester County Historical Society’s 150th Anniversary: Treasures & Triumphs” Patrick Raftery

In 1874, when Ulysses S. Grant was president of the U.S., a group of Westchester citizens formed an organization dedicated to “obtaining and preserving” information about the history of Westchester County. Among the men signing the charter of the Westchester County Historical Society (WCHS) were grandsons of two Founding Fathers, John Jay and Alexander Hamilton. This year the WCHS celebrates the extraordinary accomplishments first envisioned by these founders as part of its 150th anniversary. In this presentation, WCHS Librarian Patrick Raftery will share the story of the nonprofit organization’s growth and how it became the largest repository of historical materials related to the county as a whole.

New Resident’s Bios Posted

We invite you to read the biography of John P. posted on Main Street, near the window opposite the main bulletin board.

July Theater Course



Yes. Kate is returning! Mark your calendar for Kate Farrington’s next theater course: Tue., July 9, 16, 23, and 30, 1:30 to 3:30 pm in the Gathering Room.

This year’s theme, “Theatre and Politics: Allies Across History” will examine four plays across time that illustrate the relationship between theater artists and political change: *Trojan Women* by Euripides; *The Marriage of Figaro* by Beaumarchais; *The Cherry Orchard* by Chekov; and *The Crucible* by Miller. Sign-up sheets will be distributed in early June.

Computer Help Session May 23



The Computer Committee will offer its next help session on Thu, May 23 at 1 pm in the Residents Association Office. Bring your mobile device and a question about it or come to help others.

Herb Garden



A Summer Treat Is Coming

The Residents' Herb Garden, located on the Terrace, is now planted thanks to the Horticulture Committee's dedicated planters and friends: Maria H., Mary Alice W., Lee O., Meera S., and Janet S. Labels will soon be installed, after which we can all sit back and watch the plants grow.

In a month or two, the garden will be luxuriant with fragrant and tasty herbs. In the meantime, the Horticulture Committee requests that you leave the plants alone—please no picking or cutting. The plants are small and need sun, rain and time to become established and grow. We will let you know when it is time to start enjoying them in your cooking or bouquets.

History of Rockwood Hall May 26 from 10 am--12 pm

David Teich leads a two-hour tour of Rockwood Hall's rich history dating back to prehistoric times. *Meet at the Kiosk in Rockwood Hall State Park.*

For tickets \$4:00
<https://www.eventbrite.com/e/history-of-rockwood-hall-tickets-877675530137?aff=oddtcreator>

For questions: Mimi A.

Artists, Roll Up Your Sleeves!



Introducing a new **Clay Sculpture** class taught by artist Mike Keropian.

Four sessions: July 11, July 18, July 25, Aug 1, plus a June 27 meetup with Mike to work out your ideas. For all levels.

Thurs in the Art Studio 10:00 am to 12:30 pm.

We need to determine commitment to this summer class ASAP. Contact Carolyn R.

Price \$110 with a maximum enrollment of 8 students. With fewer students, the cost rises to cover the instructor's fee. Supplies included but firing is additional.

Transportation Update Week of May 27

There will be NO Transportation on Mon May 27 due to the Memorial Day Holiday.

Due to limited drivers, the Fri, May 31 shopping has been moved to Thu, May 30.

Trips



New Trip

Thu, June 13: The Cathedral of St. John the Divine, NYC

The Cathedral of St. John the Divine is the world's largest Gothic cathedral—a major NYC attraction for worldwide visitors. Begun in 1892, ongoing construction with maintenance continues over centuries. A one-hour docent tour of the highlights of the Cathedral and its history, will be followed by time for you to further explore and enjoy its soaring architecture, stained glass windows, art-filled chapels, and gardens. We will have a picnic lunch in the Cathedral garden, weather permitting, or go to a nearby restaurant.

Wait List

Thu, May 23: Loeb Gallery at Vassar College, Poughkeepsie

Saturday Opera



On **May 25**, we'll make a foray into a Baroque opera, *Rodelinda*, by George Frideric Handel, considered one of Handel's greatest works. First performed in 1725 at the King's Theatre in the Haymarket, London, ours is a 1998 performance from Glyndebourne, staged by Jean-Marie Villegier and conducted by William Christie.

Come join us in the Gathering Room at 1:00 pm.

The Kendal Grilling Club



Our first bar-b-que of the season will be on Sunday May 26 at 4 pm on the Terrace. After Kendal Grilling Club members have signed on there may be additional spaces available. You will be able to sign-up on Wednesday May 22 at 5 pm at the Front Desk. Sign-up includes volunteering to help with either setup or cleanup and bringing a side dish. Grill on!